

Lambton Safety Film Library
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CATALOGUE OF AUDIO/VISUAL MATERIALS

- | | | |
|-----|---|-------------------|
| 1. | THE CONVINCER – REASONS TO WEAR PPE & WORK SAFE | |
| 2. | GOOD HOUSEKEEPING (SAFETY CARE SERIES) | |
| 3. | PROFILE OF A SAFE WORKPLACE..... | ½" VHS – 06 min. |
| 4. | SAFETY IN RIGGING (Hardware)..... | ½" VHS – 20 min. |
| 5. | SAFETY IN RIGGING (Hazard awareness in crane operating areas) | ½" VHS – 15 min. |
| 6. | FIREFIGHTERS AND ELECTRICITY..... | ½" VHS - 15 min. |
| 7. | DESIGNATED SUBSTANCES..... | ½" VHS - 50 min. |
| 8. | MINIMIZING BACK STRAIN ON THE JOB..... | ¾" BETA - 28 min. |
| 9. | HEARING SAFETY..... | ½" VHS - 20 min. |
| 10. | CHEMICAL SAFETY [PROPER HANDLING]..... | ½" VHS - 20 min. |
| 11. | ELECTRICAL SAFETY..... | ½" VHS - 27 min. |
| 12. | ACCIDENT/INCIDENT INVESTIGATION..... | ½" VHS - 11 min. |
| 13. | HAZARD COMMUNICATION: THE SOLUTION..... | ½" VHS - 10 min. |
| 14. | NOT AVAILABLE | |
| 15. | FIRE EXTINGUISHERS..... | ½" VHS - 23 min. |
| 16. | SUBSTANCE ABUSE..... | ½" VHS - 16 min. |
| 17. | LESS STRESS IN FIVE EASY STEPS..... | ½" VHS - 45 min. |
| 18. | NOT AVAILABLE | |
| 19. | SAFETY: ISN'T IT WORTH IT?..... | ½" VHS - 14 min. |
| 20. | TOWARDS PERFECT PERFORMANCE..... | ½" VHS - 20 min. |
| 21. | STAY ALERT - STAY ALIVE - TRENCHING SAFETY..... | ½" VHS - 20 min. |
| 22. | THERE ARE CHOICES..... | ½" VHS - 23 min. |
| 23. | THAT MOMENT IN TIME..... | ½" VHS - 20 min. |
| 24. | PROFESSIONAL FLEET DRIVERS..... | ½" VHS - 15 min. |
| 25. | OXYACETYLENE SAFETY..... | ½" VHS - 18 min. |
| 26. | CUMULATIVE TRAUMA [3 MODULES]..... | ½" VHS - 17 min. |
| 27. | CARING FOR YOUR PROPANE APPLIANCE..... | ½" VHS - 14 min. |
| 28. | SAFE HOUSEKEEPING/KITCHEN SAFETY..... | ½" VHS - 20 min. |
| 29. | C.A.E.R.
COMMUNITY AWARENESS & EMERGENCY RESPONSE..... | ½" VHS - 20 min. |
| 30. | W.H.M.I.S. - WORKPLACE HAZARDOUS MATERIAL
INFORMATION SYSTEM - Training Package..... | ½" VHS - P.A.C.E. |
| 31. | SAFETY BREAKS - BACK SAFETY..... | ½" VHS - 08 min. |
| 32. | NOT AVAILABLE | |
| 33. | SAFETY BREAKS - EYE SAFETY..... | ½" VHS - 08 min. |
| 34. | SAFETY BREAKS - FORKLIFT SAFETY..... | ½" VHS - 08 min. |
| 35. | SAFETY BREAKS - RESPIRATOR SAFETY..... | ½" VHS - 08 min. |

36/99	SAFETY CARE - HAND SAFETY	½" VHS - 15 min.
37.	SAFETY CARE - OFFICE SAFETY	½" VHS - 14 min.
38.	SAFETY CARE - HANDLING CHEMICALS	½" VHS - 20 min.
39.	SAFETY CARE - LIFTING & CARRYING	½" VHS - 15 min.
40.	SMOKE DETECTORS - SILENT GUARDIAN.....	½" VHS - 10 min.
41.	THE HEIMLICH MANOEUVRE: HOW TO SAVE A CHOKING VICTIM.....	½" VHS - 17 min.
42.	SAFETY GEAR - FOOT PROTECTION	½" VHS - 11 min.
43.	SAFETY GEAR - EYE/FACE PROTECTION.....	½" VHS - 11 min.
44.	SAFETY GEAR - HAND/ARM PROTECTION	½" VHS - 11 min.
45.	BE A GOOD NEIGHBOUR: BE A DESIGNATED DRIVER	½" VHS - 15 min.
46.	RECOGNITION, EVALUATION & CONTROL OF HAZARDS	½" VHS - 13 min.
47.	SAFE HANDLING OF GASES	½" VHS - 13 min.
48.	SAFETY AWARENESS [GENERAL]	½" VHS - 21 min.
49.	EMPLOYEE SAFETY ORIENTATION	½" VHS - 12 min.
50.	THE FUTURE IS IN YOUR HANDS	½" VHS - 14 min.
51.	MIKE PRYOR'S ACCIDENT.....	½" VHS - 18 min.
52.	ONE PAIR OF EYES.....	½" VHS - 10 min.
53.	PERSONAL RESPONSIBILITY FOR SAFETY.....	½" VHS - 14 min.
54.	RECREATIONAL SAFETY FOR EMPLOYEES.....	½" VHS - 15 min.
55.	CHAINS, CRANES AND SLINGS	½" VHS - 11 min.
56.	NOT AVAILABLE	
57.	CONFINED SPACE HAZARDS & PROPER SAFETY PROCEDURES	½" VHS - 20 min
58.	OFFICE ERGONOMICS	½" VHS - 15 min.
59.	ERGONOMICS FOR SUPERVISORS.....	½" VHS - 19 min.
60.	SAFE DRIVING [HAZARDOUS CONDITIONS].....	½" VHS - 19 min.
61.	BLOODBORNE PATHOGENS	½" VHS - 18 min.
62.	HAND & POWER TOOL SAFETY	½" VHS - 23 min.
63.	RIGGING SAFETY	½" VHS - 15 min.
64.	ACCIDENTS DON'T HAPPEN IN THE OFFICE	½" VHS - 08 min.
65.	NEW HIRE ORIENTATION.....	½" VHS - 08 min.
66.	BACK IN DEMAND.....	½" VHS - 16 min.
67.	CHAINSAW SAFETY	½" VHS - 14 min.
68.	SAFE PATIENT HANDLING	½" VHS - 18 min.
69.	HOUSEKEEPING	½" VHS - 05 min.
70.	NOISE & HEARING CONSERVATION.....	½" VHS - 16 min.
71.	LADDER SAFETY	½" VHS - 05 min.
72.	LADDERS AND STAIRWAYS.....	½" VHS - 18 min.
73.	AVOIDING ELECTRICAL HAZARDS.....	½" VHS - 18 min.
74.	INDUSTRIAL LOW LIFT TRUCKS.....	½" VHS - 18 min.
75.	POLLUTION PREVENTION/REDUCING WASTE	½" VHS - 18 min.
76.	RAISING YOUR STANDARDS	½" VHS - 35 min.
77.	DANGER ZONE [PEDESTRIAN SAFETY].....	½" VHS - 15 min.
78.	HEALTH & SAFETY COMMITTEES	½" VHS - 17 min.
79.	TRENCHING SAFETY	½" VHS - 17 min.
80.	PERSONAL PROTECTION EQUIPMENT	½" VHS - 22 min.

81.	LOOK AROUND: YOU HAVE RIGHTS.....	½" VHS - 29 min.
82.	MUSCULOSKELETAL INJURY PREVENTION PROGRAM	½" VHS - 27 min.
83.	THE SUDDEN DEATH OF WILLIAM POWELL.....	½" VHS - 20 min.
84.	HANDLING GAS CYLINDERS.....	½" VHS - 06 min.
85.	GOOD SAFETY IS GOOD BUSINESS.....	½" VHS - 06 min.
86.	THE SAFE OPERATION OF OVERHEAD CRANES	½" VHS - 19 min.
87.	CONTRACTOR SAFETY	½" VHS - 20 min.
88.	NOT AVAILABLE	
89.	FIRE AWARENESS	½" VHS - 15 min.
90.	STOP MACHINE ACCIDENTS	½" VHS - 25 min.
91.	THINK ABOUT NOISE	½" VHS - 13 min.
92.	SCAFFOLDS	½" VHS - 24 min.
93.	CONFLICT COMMUNICATION SKILLS	½" VHS - 14 min.
94.	WELDING SAFETY.....	½" VHS - 18 min.
95.	NEW WORKER AWARENESS PROGRAM.....	½" VHS - 11 min.
96.	EYE SAFETY	½" VHS - 15 min.
97.	YOUNG WORKERS AT RISK.....	½" VHS - 19 min.
98.	SAFE AND EFFECTIVE GRINDING.....	½" VHS - 15 min.
99/36.	HAND SAFETY	½" VHS - 10 min.
100.	HIGH-IMPACT FORKLIFT SAFETY	½" VHS - 14 min.
101.	DUE DILIGENCE.....	½" VHS - 70 min.
102.	HIGH IMPACT MAINTENANCE SAFETY.....	½" VHS - 20 min.
103.	HIGH IMPACT METAL WORKING SAFETY.....	½" VHS - 20 min.
104.	HIGH IMPACT EYE SAFETY.....	½" VHS - 15 min.
105.	EFFECTIVE SAFETY MEETINGS.....	½" VHS - 8 min.
106.	PRACTICAL INSPECTION SERIES [4 MODULES]	½" VHS - 1hr. ea.
107.	STOP IT BURNING!.....	½" VHS - 15 min.
108.	DANGER KEEP OUT!.....	½" VHS - 26 min.
109.	GROUNDSKEEPING SAFETY	½" VHS - 17 min.
110.	STATIC ELECTRICITY - SOLVING THE MYSTERY	½" VHS - 13 min.
111.	CONFINED SPACES -- INSIDE MANOEUVERS	½" VHS - 24 min.
112.	DEFENSIVE DRIVING -- PREPARED FOR THE WORST.....	½" VHS - 18 min.
113.	WHMIS FOR WORKERS.....	½" VHS - 30 min.
114.	BACK SAFETY 101.....	½" VHS - 15 min.
115.	HARASSMENT - KEEPING IT OUT OF THE WORKPLACE	½" VHS - 18 min.
116.	POWDER ACTUATED FASTENING TOOLS.....	½" VHS - 18 min.
117.	BACK CARE FOR CONSTRUCTION	½" VHS - 15 min.
118.	BACK CARE ANATOMY	½" VHS - 06 min.
119.	BACK CARE EXERCISES	½" VHS - 10 min.
120.	SLIPS & FALLS (OFFICE, RETAIL, PUBLIC).....	½" VHS - 08 min.
121.	RAPE AWARENESS.....	½" VHS - 08 min.
122.	THE BIG CHILL - HYPOTHERMIA	½" VHS - 08 min.
123.	PERSONAL FALL ARREST SYSTEMS.....	½" VHS - 08 min.
124.	VIOLENCE IN THE WORKPLACE	½" VHS - 08 min.
125.	ROAD RAGE	½" VHS - 08 min.
126.	NEAR MISSES	½" VHS - 08 min.
127.	BOATING SAFETY	½" VHS - 08 min.

128.	HAPLESS HAL'S HOLIDAY HINTS	1/2" VHS - 08 min.
129.	REPETITIVE STRAIN INJURIES	1/2" VHS - 08 min.
130.	REPETITIVE STRAIN INJURIES - MANUFACTURING	1/2" VHS - 08 min.
131.	REPETITIVE STRAIN INJURIES - CONSTRUCTION.....	1/2" VHS - 08 min.
132.	LOCKING OUT ACCIDENTS.....	1/2" VHS - 14 min.
133.	BURN EMERGENCIES – PREV. & RESP.	1/2" VHS - 10 min.
134.	COMMUNICATING FOR SAFETY	1/2" VHS - 11 min.
135.	HEAT STRESS	1/2" VHS - 15 min.
136.	JOB HAZARD ANALYSIS – WHAT EMPLOYEES CAN DO	1/2" VHS - 10 min.
137.	MYTHS ABOUT PERSONAL PROTECTIVE EQUIPMENT.....	1/2" VHS - 10 min.
138.	PRE-JOB SAFETY CHECKLIST	1/2" VHS - 10 min.
139.	SAFETY IN THE OFFICE	1/2" VHS - 15 min.
140.	SAFETY SIGNS	1/2" VHS - 12 min.
141.	STEP LADDERS	1/2" VHS - 6 min.
142.	PREVENTING CHILD ABDUCTION	1/2" VHS - 10 min.
143.	ICE CRISIS - 1998	1/2" VHS - 6 min.
144.	UNDERSTANDING HAZARDS AND RISKS	1/2" VHS - 12 min.
145.	FALLS IN THE WORKPLACE.....	1/2" VHS - 12 min.
146.	ALCOHOL & DRUGS IN THE WORKPLACE	1/2" VHS - 156 min.
147.	WORKING WITH DISPLAY SCREEN EQUIPMENT.....	1/2" VHS - 12 min.
148.	LOCKOUT TAGOUT – CONTROLLING THE BEAST	1/2" VHS - 19 min.
149.	THE CAER VIDEO – Safer Living in Bluewaterland	1/2" VHS - 10 Minutes
150.	OFF-THE-JOB SAFETY	1/2" VHS - 12 Minutes
151.	DRIVE SAFELY	1/2 " VHS - 10 Minutes
152.	WATCH OUT FOR ASSULT – Staying Safe and Secure.....	1/2" VHS - 14 Minutes
153.	REPETITIVE MOTION INJURY – Prevention is in Your Hands	1/2 " VHS - 10 Minutes
154.	MACHINE SAFETY – It's in Your Hands	1/2 " VHS - 12 Minutes
155.	EVALUATING NEAR MISSES TO PREVENT ACCIDENTS.....	1/2 " VHS - 10 Minutes
156.	THE ESSENTIALS OF HAND SAFETY (Training Package).....	1/2 " VHS - 18 Minutes
157.	A MATTER OF INCHES	1/2 " VHS - 8 Minutes
158.	REPORT IT	1/2 " VHS - 15 Minutes
159.	REAL LIFE SITUATIONS	1/2 " VHS - 15 Minutes
160.	MANUAL HANDLING (Complete Training Course).....	1/2 " VHS - 20 Minutes
161.	BURNS.....	1/2 " VHS - 15 Minutes
162.	I WON'T BE IN TO WORK TODAY.....	1/2 " VHS - 22 Minutes
163.	THE WEEKEND WARRIORS.....	1/2 " VHS - 12 Minutes
164.	SILLY LITTLE RISKS – Talking to Teens	1/2 " VHS - 17 Minutes
165.	HEART ATTACK! It could happen to you.....	1/2 " VHS - 12 Minutes
166.	PROTECT YOUR HEAD.....	1/2 " VHS - 13 Minutes
167.	DISASTER PREPAREDNESS.....	1/2" VHS – 18 Minutes
168.	EMERGENCY EVACUATION PROCEDURES.....	1/2 VHS – 10 Minutes
169.	DRIVE SAFELY (revised).....	1/2 VHS – 10 Minutes
170.	COMPANY PROFILES of BEST PRACTICES.....	1/2 VHS – 12 Minutes
171.	LIFE OF A CLAIM (WSIB).....	1/2 VHS – 9 Minutes
172.	THINGS YOU'D BETTER KNOW.....	1/2 VHS – 13 Minutes
173.	LAUNCHING A SAFE START.....	1/2 VHS – 12 Minutes
174.	TOO CLOSE FOR COMFORT.....	1/2 VHS – 16 Minutes

175.	LISTEN UP! COMMIT TO RECEIVE FEEDBACK.....	1/2 VHS – 09 Minutes
176.	SPEAK UP! COMMIT TO GIVE FEEDBACK.....	1/2 VHS – 10 Minutes
177.	HOME FOR DINNER.....	1/2 VHS – 12 Minutes
178.	WORKPLACE HOUSEKEEPING.....	1/2 VHS – 12 Minutes
179.	EMERGENCY EVACUATIONS.....	1/2 VHS – 10 Minutes
180.	CELL PHONES & TWO-WAY RADIOS.....	1/2 VHS – 10 Minutes
181.	HAPLESS HAL PLAYS THE BBS GAME.....	1/2 VHS – 10 Minutes
182.	NEAR MISSES.....	1/2 VHS – 10 Minutes
183.	ALLERGIES & ASTHMA.....	1/2 VHS – 10 Minutes
184.	HOME ERGONOMICS.....	1/2 VHS – 10 Minutes
185.	GASES AT HOME & WORK.....	1/2 VHS – 10 Minutes
186.	LOST IN THE OZONE.....	1/2 VHS – 10 Minutes
187.	THERE'S NO MAGIC TO SAFETY.....	1/2 VHS – 10 Minutes
188.	SHARING THE ROAD WITH ROLLING RIGS.....	1/2 VHS – 10 Minutes
189.	SAFETYMAN – CHAPTER 1.....	1/2 VHS – 10 Minutes
190.	A SHOCKING EXPERIENCE.....	1/2 VHS – 10 Minutes
191.	HOME SAFETY – PAST PRESENT AND FUTURE.....	1/2 VHS – 10 Minutes
192.	ON ANY GIVEN DAY (Safety statistics).....	1/2 VHS – 10 Minutes
193.	GOOD DRIVING IS AN ATTITUDE.....	1/2 VHS – 10 Minutes
194.	SAFETY – EVERYONE'S RESPONSIBILITY.....	1/2 VHS – 10 Minutes
195.	SAFETY AND THE USE OF AIR COMPRESSORS.....	1/2 VHS – 13 Minutes
196.	CONFINED SPACE ENTRY – “THE SILENT KILLERS”.....	1/2 VHS – 18 Minutes
197.	I CHOSE TO LOOK THE OTHER WAY.....	1/2 VHS – 12 Minutes
198.	RECOGNITION, EVALUATION & CONTROL OF HAZARDS.....	1/2 VHS – 13 Minutes
199.	SAFETY STRETCH.....	1/2 VHS – 15 Minutes
200.	WINTER SAFETY.....	1/2 VHS – 13 Minutes
201.	TARGET ZERO.....	1/2 VHS – 16 Minutes
202.	KNOW YOUR LIMITS.....	1/2 VHS – 20 Minutes
203.	WHAT'S WRONG WITH THIS?.....	1/2 VHS – 10 Minutes
204.	KIDS DO IT...CHILD'S PLAY.....	1/2 VHS – 10 Minutes
205.	SAFE DRIVING TACTICS.....	1/2 VHS – 17 Minutes
206.	WHAT'S WRONG WITH THIS PICTURE?.....	1/2 VHS – 17 Minutes
207.	STOP AND THINK.....	1/2 VHS – 6 Minutes
208.	UNSOLVED ACCIDENTS.....	1/2 VHS – 10 Minutes
209.	WE MISS DAVID.....	1/2 VHS – 11 Minutes
210.	OFFICE HEALTH & SAFETY.....	1/2 VHS – 10 Minutes
211.	DISTRACTED DRIVING – AT WHAT COST?.....	1/2 VHS – 15 Minutes
212.	FEEDBACK SKILLS FOR SUPERVISORS.....	1/2 VHS – 22 Minutes
213.	MATERIAL SAFETY DATA SHEETS.....	1/2 VHS – 15 Minutes
214.	THE POWER OF ATTITUDE – IT DOES MAKE A DIFFERENCE.....	1/2 VHS – 18 Minutes
215.	THE DANGERS OF COMPRESSED AIR.....	1/2 VHS – 10 Minutes
216.	SAFETY ESSENTIALS.....	1/2 VHS – 15 Minutes
217.	PREVENTION OF EYE INJURIES.....	1/2 VHS – 18 Minutes
218.	ASBESTOS AWARENESS.....	1/2 VHS – 14 Minutes
219.	LADDER SAFETY.....	1/2 VHS – 12 Minutes
220.	SAFETY AUDITS.....	1/2 VHS – 15 Minutes
221.	WAKE UP CALL.....	1/2 VHS – 14 Minutes

- 222. BEHAVIOURAL SAFETY.....1/2 VHS – 15 Minutes
- 223. MATERIAL HANDLING SAFETY.....DVD – 15 Minutes
- 224. SAFETY ORIENTATION.....DVD – 13 Minutes
- 225. SUPPORTED SCAFFOLDING SAFETY.....DVD – 20 Minutes
- 226. SUSPENDED SCAFFOLDING SAFETY.....DVD – 20 Minutes

LAMBTON SAFETY FILM LIBRARY - DESCRIPTIONS OF VIDEOS

1. **THE CONVINCER – Reasons to wear PPE & work safe**

2. **GOOD HOUSEKEEPING –**

3. **PROFILE OF A SAFE WORKPLACE 06 mins.**

This video relates the experience of Ted Pattenden, CEO and President of NRI Industries in making health and safety a management priority throughout his corporation. This success story highlights NRI's use of "best practices" approach and committing managers, supervisors and all employees to making their workplace an even safer place.

4. **SAFETY IN RIGGING (HARDWARE) 20 mins.**

This CSAO video discusses the various types of rigging hardware and includes information on: wire ropes and slings, hooks and shackles, eye bolts, turnbuckles, thimbles and sockets, sheaves and blocks, rings, links and swivels, and spreaders and equalizing beams.

5. **SAFETY IN RIGGING (hazard awareness in crane operating areas) 15 mins.**

This video deals with the actual safety factors when operating cranes and includes information on the new crane technologies, tower crane and telescopic boom crane components, awareness issues around workers in the area, overhead power lines, proximity to other structures or other equipment, ground conditions and obstructions, outriggers and blocking, estimating load weights, and factors affecting crane capacity.

6. **FIRE FIGHTERS AND ELECTRICITY - 15 mins.**

This video is basically targeted for professional firefighters or Emergency Response personnel, but the information could be valuable to anyone who is first to arrive on the scene of an accident/emergency involving electricity and what to be aware of.

7. **DESIGNATED SUBSTANCES - 50 mins.**

This video contains a good basic explanation of the Ontario Designated Substances Regulation and the legal requirements for assessments and compliance as well as the hands-on "how to" instruction. Very comprehensive, covering responsibilities, evaluation techniques, and strategies to protect the worker and the workplace.

8. **MINIMIZING BACK STRAIN ON THE JOB - 28 mins.**

Very effective explanation of the effects of common practices on the back and how simple habit changes can reduce back strain and potential for injury. Excellent practical illustrations of prevention principles covering everyday situations and "problem" lifts.

9. **HEARING SAFETY - 20 mins.**

Hearing conservation in the critical 85 - 100 DB [Decibel] range is emphasized in this video. The properties of sound and duration effects are examined, making note of the deceptive nature of increases in intensity. We are very easily fooled into thinking PPE isn't needed and succumb to the "temporary threshold shift" in which what appears to be a reduction in the noise is actually a LOSS OF HEARING! PPE devices, their fit and application are also discussed.

10. **CHEMICAL SAFETY I – PROPER HANDLING - 20 mins.**

Understanding potential chemical hazards using labels and Material Safety Data Sheets along with 8 basic safe work practices are the key concepts covered in this video. The rules are:

1. Be sure you have the right chemical.
2. Be sure you know the potential hazards.
3. Isolate the hazard whenever possible.
4. Match the protection to the hazard.
5. Be sure the strength/composition hasn't changed.
6. Know what the chemical will do.
7. Know how to recognize conditions that could lead to a hazardous situation.
8. Know emergency procedures and the location of facilities.

Good examples of all of the above are presented.

11. **ELECTRICAL SAFETY - 27 mins.**

This video deals with electricity below 600 Volt for electricians, operators and maintenance personnel that perform live circuit work, lockouts [electrical as well as mechanical], equipment testing, inspecting, grounding work, and replacing fuses. Other topics covered are ground fault interrupters, enclosed spaces, fires and explosions, the mechanism and factors affecting human electrical shock and the first aid treatment associated with the injuries. Three case histories are spotlighted and detailed as examples of hazardous electrical work.

12. **ACCIDENT/INCIDENT INVESTIGATION - 11 mins.**

The importance of determining the REAL causes in order to effect real prevention is stressed in this very detailed video. The key ingredients are: an accurate description of events, a determination of real [basic] causes, determining the risks, developing controls and action plans, and demonstrating a true concern for the people involved.

13. **HAZARD COMMUNICATION -- THE SOLUTION - 10 mins.**

Designed to meet the requirements of the "Right to Know" legislation- deals with the same basic communication tools required by WHMIS: Labels, Hazard Symbols & Material Safety Data Sheets. Hazard classes are outlined, definitions such as TLV, TWA, PPM, are discussed and MSDS's are examined. Included are exercises in filling out and testing comprehension of the MSDS's.

14. **NOT CURRENTLY IN USE**

15. **SAFETY ON THE JOB: FIRE EXTINGUISHERS - 23 mins.**

This video shows the four different kinds of fires and the five main types of extinguishing agents; how to safely operate and maintain the equipment; what to do before using an extinguisher, and which extinguisher on what fire.

16. **HAZARDS OF SUBSTANCE ABUSE - 16 mins.**

Misuses of drugs [prescription or otherwise], can cause serious problems in the workplace. This video covers the effect of most commonly abused drugs: legal, illegal and prescription and how their misuse can prove disaster.

17. **LESS STRESS IN FIVE EASY STEPS - 45 mins.**

In this video, Ed Asner demonstrates easy to follow techniques in self-monitoring, stress ventilation, relaxation exercise, meditation and self-appreciation. One after another, each step acts as a building block for the next step.

18. **NOT CURRENTLY IN USE**

19. **SAFETY: ISN'T IT WORTH IT? - 14 mins.**

Actor Jack Klugman discusses and illustrates some typical laboratory hazards, responsibilities, and suggests some preventative measures. An excellent update of the "18 Grams for Prevention" film.

20. **TOWARDS PERFECT PERFORMANCE - 12 mins.**

In this video, the Industrial Accident Prevention Association comments on their efforts to change how they present their safety messages to industry to assist them in their efforts for a perfect safety performance. The video deals with the new way of doing things as promoted by the business guru Edward Deming and other quality control gurus to show that labour and management working more closely can create a more synergistic environment to prevent accidents.

21. **STAY ALERT....STAY ALIVE -- MACHINE TRENCHING - 20 mins.**

This video refers particularly to the use of the 100 hp class Ditch Witch machine. However, the discussion also centres around safety considerations in the following areas: awareness training, prework inspection, loading and transporting, job site preparation, the danger zone and the responsibilities of the operator.

22. **THERE ARE CHOICES - 23 mins.**

This video explores the root cause of many, if not all, preventable driving accidents; our safety attitudes and emotions when we are behind the wheel. As you might know, accidents are far more likely to occur when drivers are at a high level of stress, in a hurry, or using bad judgement. This video can also be applied to at-work situations. THERE ARE CHOICES won the prestigious Blue Ribbon Award at the American Film Festival.

23. **THAT MOMENT IN TIME - 20 mins.**

Safety professionals and accident victims have learned that the majority of accidents are closely linked to emotions and attitudes, which can impair our ability to make good safety decisions. This video helps employees to understand that there are consequences for their actions behind the wheel and responsibility for their own safety.

24. **PROFESSIONAL FLEET DRIVERS - 15 mins.**

This video package produced by Advanced Driver Services, also includes a leader's guide, a pre-test, and a post-test, to help train your drivers in the skills needed to be professional in their approach to driving situations.

25. **OXYACETYLENE SAFETY -**

This video is an up-to-date program with step-by-step instructions on how to use oxyacetylene equipment. The program provides you with 10 steps to an oxyacetylene safety card and a questionnaire to test understanding of the video.

26. **"CUMULATIVE TRAUMA" -- REDUCING THE RISK - 17 mins.**

This program contains three separate tapes: Module I focuses on the employee, defining what cumulative trauma is and the elements of good job design, proper body mechanics and good physical fitness. Modules II & III focus in at the Supervisory level, teaching strategies for prevention and explaining the elements of good ergonomic design, discussing control strategies, and insights into compensation case management, return to work programs and improved employee communication.

27. **HOW TO CARE FOR YOUR PROPANE APPLIANCE - 12 mins.**

This video is an off-the-job program on the safe use of propane appliances and focuses on the backyard BBQ. Also discussed are transportation and storage of this very popular fuel. Produced by Samia Propane. This video is accompanied by 2 booklets:

1. A Five-Minute Guide for Propane Cylinders
2. How to Care for your Propane Appliance

28. **SAFE HOUSEKEEPING AND KITCHEN SAFETY - 20 mins.**

Producer: The Ontario Tourism Industry

This video was developed to assist in the safety program for housekeepers and kitchen staff. The first part deals with hotel housekeeping and the hazards involved. The second part discusses safety in the kitchen and includes the safe use of cutlery and hazardous kitchen materials.

29. **C.A.E.R. – COMMUNITY AWARENESS AND EMERGENCY RESPONSE - 20 mins.**

This locally-developed video explains the different kinds of emergency situations that could take place in our industrial surroundings. Also discussed are precautions to take in emergency situations and what the companies in the Chemical Valley are doing to protect against emergencies. A very good presentation for community groups.

30. **PACE/CPA W.H.M.I.S. TRAINING PROGRAM**

Running Time: Multi-segmented; use alternatively with workbook exercises

This video package includes a leader's guide with comprehensive instructions. Seven segments are included on the video and individual workbooks are available for each @ \$5.00 a piece from The Training corporation [416-477-7580]. The intent is that the first two modules with an additional third module would constitute a complete training program for a given class. Included in the modules:

- | | |
|--------------------|-------------------|
| 1. Introduction | 2. Health Hazards |
| 3. Fuels Refinery | 4. Lubes Refinery |
| 5. Asphalt Plant | 5. Pipeline |
| 7. Marine Terminal | |

31. **BACK SAFETY - 8 mins.**

This video was produced as part of a SAFETY BREAK series. This one addresses the back and the necessity of proper care to avoid exposure to over-stress and exertion.

32. **NOT CURRENTLY IN USE**

33. **EYE SAFETY - 8 mins.**

This video was produced as part of a SAFETY BREAK series. This one addresses hazards to the eyes and the many methods of protecting them with personal protective gear.

34. **FORKLIFT SAFETY - 8 mins.**

This video was produced as part of the SAFETY BREAK series. This one deals with the subject of Forklift trucks and their safe operation.

35. **RESPIRATOR SAFETY - 8 mins.**

This video was produced as part of the SAFETY BREAK series. This video discusses the hazards to the respiratory system and the proper equipment that provides protection.

NOTE: It should be noted here that all of the SAFETY BREAK series videos are not intended to stand on their own but are meant to generate further discussions or be accompanied by a questionnaire or review of some type.

36. **HAND SAFETY [Very Graphic] - 15 mins.**

This video deals with three important characteristics of the hands; dexterity, strength and versatility. It also looks at different injuries that can occur e.g. burns, lacerations and dermatitis. There is a review of the different hazards that the hand can be exposed to such as pinch points, moving machinery, sharp edges, and the need to use care and good work practices when using hand tools. Safe work procedures along with personal protective equipment are discussed and the reasons for them being part of every job.

37. **OFFICE SAFETY - 14 mins.**

This video discusses the various aspects of safety in the office environment. It deals with recognition, evaluation and the control of hazards. The video also looks at the ergonomic considerations round a secretary's work station; things like proper seating and body position in comparison to the computer equipment and the work that must be performed. Lifting and carrying techniques are very well illustrated and there are tips on good housekeeping and how to react in an emergency.

38. **DEALING WITH CHEMICALS SAFELY - 20 mins.**

This video makes two very important statements: "There is no such thing as a harmless chemical" and "There is a safe way to handle every chemical". The risks and hazards associated with chemicals are pointed out and explained. Exposures to the body by inhalation, ingestion, and contact are discussed as well as allergens, mutagens, teratogens, and carcinogens. The explosive and flammable potential of chemicals is discussed, including the chances of environmental damage. Controlling chemical hazards is covered e.g. housekeeping and personal protective equipment.

39. **LIFTING AND CARRYING - 16 mins.**

This video leads off with the role of the spine. Lifting and carrying techniques are presented in very well illustrated examples. Also discussed are the factors around safe lifting; age, strength, physical development, state of health, skill and experience, and susceptibility to fatigue.

40. **SMOKE DETECTORS -- THE SILENT GUARDIANS - 10 mins.**

This video describes the different types of smoke detectors and the principle behind their operation. It also explains where to install them, how to maintain them, and how to test them to ensure they are operating properly.

41. **THE HEIMLICH MANOEUVRE – HOW TO SAVE A CHOKING VICTIM - 17 mins.**

This video features Dr. Henry Heimlich teaching how and when to use this manoeuvre, now the only treatment recommended for choking victims. Also shows that small children as young as 5 or 6 can learn to use this technique. Dr. Heimlich explains that causes choking, gives six signs to recognize a choking victim, and offers tips on how to avoid choking in the first place.

42. **SAFETY GEAR – FOOT PROTECTION - 11 mins.**

This video identifies three classifications of foot protection used on the job. Situations show the different functions of toe shields, metatarsal guards, and puncture-resistant soles and their importance in preventing injury.

43. **SAFETY GEAR – EYE AND FACE PROTECTION - 11 mins.**

This video looks at various types of safety glasses, safety goggles and face shields, and stresses the need to combine eye and face protection in certain situations. The workers learn how to protect their face and eyes from flying pieces of wood and metal, hazardous chemicals, as well as dangerous forms of light energy.

44. **SAFETY GEAR – HAND AND ARM PROTECTION - 11 mins.**

This video identifies several different situations at work that present hazards to the hands/arms and offers techniques to protect them from both contact and traumatic type injuries.

45. **BE A GOOD NEIGHBOUR – BE A DESIGNATED DRIVER - 15 mins.**

This is a story of a young man, Brad Shipman who was involved in an alcohol-related automobile accident. It is a story about choices we sometimes have to make in our lives. This package includes a presentation guide with some speaking tips on how to deliver the designated driver message. This package was donated by and is available from State Farm Insurance Company.

46. **RECOGNITION, EVALUATION AND CONTROL OF HAZARDS - 13 mins.**

The fundamental principle behind any occupational safety and health program should be the control of hazards. This program examines the hazards as they relate to the job or task. Discussed will be how to recognize and evaluate the hazard so a strategy can be developed to control it. By following these basic principles, all kinds of workplace concerns can be addressed. This video is also accompanied by a workbook to assist the presenter.

47. **SAFE HANDLING OF GASES - 13 mins.**

This 1992 video discusses the different properties of gases and how they relate to the various hazards present in the working environment. The proper methods for handling and storing of compressed gas cylinders are explained as well as the need to adhere to the manufacturer's Material Safety Data Sheet [MSDS] information. This video is generic in content but very interesting in how it deals with the handling and use of all gases.

48. **SAFETY AWARENESS - 21 mins. -**

Producer: Safety Care Inc.

This video discusses several topics involved with safety & health from basic hazards to workplace inspections. Personal Protective Equipment is covered as well as identifying proper procedures to perform a task. Comes with a workbook to assist the presenter with the subject matter.

49. **EMPLOYEE SAFETY ORIENTATION - 12 mins.**

Unsafe acts result in the majority of accidents because employees take shortcuts, violate safety rules, or fail to follow job procedures. This video discusses safety basics that will build employee awareness on; slips and falls, good housekeeping, electrical and fire safety, and personal protective equipment to name a few.

50. **THE FUTURE IS IN YOUR HANDS - 14 mins.**

Roy Keller lost more than a hand in an industrial accident. This is a story of an actual accident victim that explains the causes of hand and finger accidents and how to prevent them. This dramatic presentation emphasizes the need to stay mentally alert when operating machinery, and why it is important not to defeat machine safety devices or ignore safe work procedures. Personal protective equipment is also covered.

51. **MIKE PRYOR'S ACCIDENT - 18 mins.**

Mike Pryor's tragic accident lets you feel the personal pain associated with his failure to follow required safety and job procedures including the use of personal protective equipment. As Mike retells his painful story, you will find out how becoming complacent with your job can be dangerous, and why excuses for not wearing PPE can lead to personal tragedy. You will learn the physical and mental effects of a burn, how safety glasses saved Mike's eyes, and why stopping fellow employees' unsafe acts is worth the anger that you might get in return.

52. **ONE PAIR OF EYES - 9 mins.**

This video speaks to workers in a powerful but simple way to show how easily blindness can be caused. Discussed is: how the eye works, its vulnerability, workplace hazards and the difference between safety vs. street glasses.

53. **PERSONAL RESPONSIBILITY FOR SAFETY - 14 mins.**

Walt, a ghost of the company's only fatal accident victim, returns in this program to remind his former co-workers to always follow safe work practices. Discussed are: safety attitudes, good housekeeping, hazardous machinery, lockout of energy sources, substance abuse, proper lifting and stacking, and personal protective equipment. The emphasis in this video is on the importance that everyone accept responsibility for their own safety on the job.

54. **RECREATIONAL SAFETY FOR EMPLOYEES - 15 mins.**

This program can be used to teach your employees how to prevent sport-related injuries by being properly prepared, by understanding the hazards involved, and by knowing their own personal limits. In this entertaining story, coach Riley uses examples of several injured workers to illustrate how to prevent injuries in sports like Softball, Basketball, Volleyball, Tennis and even Jogging.

55. **CHAINS, CRANES AND SLINGS - 11 mins.**

Crane operators will review operating tips and work procedures to improve or maintain safety in their areas. A few of the topics covered include: inspection of hoisting equipment; chains, handling and storage of wire and nylon slings; placing loads and operation of jib hoists.

56. **CONFINED SPACE ENTRY - 12 mins.**

A maintenance worker in this motivational program survives a near fatal incident when he does not follow safe work confined space entry procedures. Employees will learn the many hazards involved with this topic including: the nature of oxygen deficient atmospheres, and the effects of inert gases on the human system.

57. **CONFINED SPACE HAZARDS AND SAFETY PROCEDURES - 20 mins.**

Confined space accidents can be deadly workers die every day [60% are would-be rescuers!]. In this video your employees will learn:

- * Why confined spaces are potentially lethal
- * Duties of the confined space entrant and attendant
- * The role of personal protective equipment
- * Why unauthorized entry could be fatal.
- * The importance of atmospheric testing and lockouts

This video fits in well with the previous one on confined spaces but offers more actual "how to" information.

58. **OFFICE ERGONOMICS - 15 mins.**

This video discusses the relationship between ergonomics and the workplace. Starting with the basics of lifting and the hazards of reaching, work stations are discussed and the potential for repetitive strains with poor set up. This package comes with a workbook guide and questionnaire.

59. **ERGONOMICS FOR SUPERVISORS - 19 mins.**

This video goes into more detail, starting with the definition of cumulative trauma disorders and the necessity to look at every job with a potential for sprains and strains. Intervening at the initial signs of a problem can start the cycle of reducing job stresses and prevent further problems from developing. Some common sense changes are also discussed and how to involve the affected employees. The common factors of ergonomics [frequency, force and frequency] are also discussed. This video comes with a workbook guide and a follow-up questionnaire.

60. **SAFE DRIVING IN HAZARDOUS CONDITIONS - 19 mins.**

This video addresses the different hazards associated with driving in adverse weather conditions. Starting with the basics of a good vehicle inspection, the video goes to the hazards of driving in the fog and discusses suggested distances and other safeguards. Also covered is driving in the rain

and the danger of hydroplaning; and the dangers of driving in snow and ice with the focus of keeping control of the vehicle in a skid.

There is also a discussion around emergency preparedness for off-road incidents. This video also comes with a questionnaire.

61. **BLOODBORNE PATHOGENS - 18 mins.**

This video discusses the role of the emergency responder and the associated risks of contracting AIDS or Hepatitis "B" viruses. Background information on the two viruses explains the potential problems and the necessity to follow detailed safe work procedures. Pathogens are defined and also how they are transmitted. Proper use of needles is covered, as well as clean/disposal procedures. Included with this video is a questionnaire.

62. **HAND AND POWER TOOL SAFETY - 23 mins.**

This video discusses several hazards associated with hand and power tools. Starting with personal protective equipment, the video proceeds to the proper selection of tools and the necessity of maintaining tools in good working condition. Striking tools [hammers and chisels] are discussed and the dangers of misusing them. Power tools are covered [circular saws, drills, nail guns] and importance of keeping guards in place and using safe work practices. The use of GFCI's [Ground Fault Circuit Interrupters] also comes up. This video package comes with a workbook guide questionnaire.

63. **RIGGING SAFETY - 15 mins.**

This informative video covers the basics of rigging starting with the maintenance and care of synthetic slings. Also covered are the different classification table and load ratings associated with various work situations. There is discussion on wire rope slings, hooks, eyebolts, and shackles. Different configurations and various kinds of hitches are also discussed and how they come into play during lifts of material and equipment. A rigging guidebook is included.

64. **ACCIDENTS DON'T HAPPEN IN THE OFFICE - 6 mins. -** Producer: BBC Enterprises Training Media Group

This short but humorous video points out various hazards in the office environment such as trips and falls, sprains from improper lifting, improper storage, and the need to know how to respond to an emergency such as a fire. This training package includes a user guide, manager guide, and a participant manual with questionnaire.

65. **NEW HIRE ORIENTATION - 8 mins. -** Producer: Electrolab Training Systems

This video is geared to a construction type environment, with a supervisor stressing the importance of safety to a new employee. They both take a tour of the site as the supervisor points out hazards such as excavations, working at heights, power cords, lifting heavy material, and the need for good housekeeping. Also stressed is the reporting of accidents and dangerous conditions to prevent injuries.

66. **BACK IN DEMAND - 16 mins -** Producer: Electrolab Training Systems

There are other videos on the subject of lifting and carrying but this video looks at situations related to an industrial maintenance environment. Three principles of preparation, technique, and fitness are covered in detail as well as common sense rules that can reduce or eliminate the hazards associated with lifting. Planning the lift, bending at the knees, keeping the load close, and avoiding twisting, are key points that get reinforced throughout the video.

67. **CHAINSAW SAFETY - 14 mins. -** Producer: Safety Care Inc.

This video was produced in 1993 and replaces the former film made by Homelite on Chainsaw Safety. Covers the basics of operating and cutting procedures involved with the use of the chainsaw. Starting with proper preparation and basic inspection of the machine, video goes on to cover proper fuelling and start up procedures, with emphasis on proper position of the body at all times to avoid contact with the cutter bar. A good part of the video covers lumbering tasks and techniques including safe work procedures for taking down trees. Also stressed is the importance of planning the job to include factors like wind direction, clearance from surrounding obstacles, and escape paths away from the falling tree. The message here is that "THERE'S NO SUBSTITUTE FOR PROPER TRAINING AND PROFESSIONAL APPROACH TO THE SAFE USE OF A CHAINSAW".

68. **SAFE PATIENT HANDLING - 18 mins.**

This video discusses the various methods for lifting and carrying patients and is directed toward the nursing and health care professions. Mechanical lifting equipment is also discussed.

69. **HOUSEKEEPING - 5 mins.**

This short 5-minute video is a good introduction for a safety talk on housekeeping and discusses several basic elements to maintaining a clean and organized workplace.

70. **NOISE & HEARING CONSERVATION - 16 mins. -** Producer: Safety Care Inc.

This program begins with the consequences of hearing loss; social isolation, difficulty in responding to emergency situations, and handling the everyday demands of busy traffic. The different components of the ear are discussed and the three categories of noise [Loud Noise, Prolonged Noise, Impact Noise], and how they affect the ear. There is a further explanation of noise induced hearing loss and its effect on the body. The prevention of noise hazards is dealt with starting with personal noise monitoring and leading into workplace monitoring to determine things like the intensity, frequency and duration of hazardous noise. The video finishes off with some possible solutions to the problems; engineering controls, administrative controls, or personal protective equipment as an interim or last resort.

71. **LADDER SAFETY - 5 mins. -** Producer: Safety Shorts

This short program touches on the common sense approach to working with ladders and begins with an injury caused by an employee trying to improvise instead of using the proper ladder. There is a brief discussion on different types of ladders and the need to inspect and maintain them. This video could be used as an introduction or supplement to a safety meeting talk or handout material.

72. **LADDERS AND STAIRWAYS - 18 mins. -** Producer: Electrolab Training Systems

This program looks at the various types of ladders used in a workplace setting; step ladders, extension ladders and fixed ladders. Step ladders are divided into three types:

- | | | | |
|-----------|---|----------|---------------------------------------|
| * Type 1A | Extra Heavy Duty Ladder [rated for 300 lbs] | * Type 1 | Heavy Duty Ladder [rated for 250 lbs] |
| * Type 2 | Medium Duty Ladder [rated for 225 lbs] | * Type 3 | Light Duty Ladder [rated for 200 lbs] |

Inspection, maintenance and safe work practices in the use of ladders is also discussed. The last part of this video deals with stairways and the features that make them safe to get from one level to another; such as guard railings, non-slip treads, good lighting, clutter and grease-free, and a load rating safety factor of 5 to 1. This video also comes with a review booklet.

73. **AVOIDING ELECTRICAL HAZARDS - 18 mins.-** Producer: Electrolab Training Systems

This program discusses electrical hazards in the broadest sense. It starts out with the basics of making the work space neat and orderly and noticing the environment around you which includes colour-coded signs, location of personal protective equipment, and housekeeping. It discusses some of the hazards to watch, e.g. atmospheric conditions, poor lighting and defective tools. It touches on power tools, double insulation ground plugs, electrical cords and using proper outlets. Working with high voltage is a key topic which looks at ladders, clothing, tool belts and the hazard of wearing jewellery. Lockout/Tagout is covered in detail and what does "qualified" really mean when it comes to working on high voltage equipment. Being aware of when the power is ON/OFF becomes all important. The role of the standby person knowing CPR is also discussed. A review booklet on electrical hazards is included.

74. **INDUSTRIAL LOW LIFT TRUCKS - 18 mins -** Producer: Electrolab Training Systems

This video program starts out with a statistic that 25% of all accidents are directly involved with material handling. A variety of manual and powered lift trucks are discussed, including two and four-wheeled trucks, platform carts, and rack trucks. Hydraulic pallet movers and hand walk trucks are explained and the hazards involved with using them such as; rolling off ramps, running into things, getting caught in pinch points, and crushing feet under wheels. General rules of operation are covered along with the importance of regular inspection and maintenance of the equipment itself. Also stressed in this video is the necessity to know and use the safety features of these trucks to avoid accidents. A booklet on low lift trucks is included with this program.

75. **POLLUTION PREVENTION – REDUCING WASTE IN THE WORKPLACE – 18 mins.** Producer: Electrolab

This video addresses good operating practices, giving some examples of how to prevent material losses and damage to the environment. Employee ideas and actual case studies are used to illustrate where waste is generated and how to address the problem without spending [in most cases saving] money. Some of these areas covered are:

- * Material handling and inventory control
- * Equipment operation and production scheduling
- * Cleaning, maintenance and support operations
- * Waste reduction and management practices

Personal responsibility as it applies to waste management is also discussed and its part in how toxic and hazardous materials are segregated in the workplace and how critical it is that they are dealt with properly.

76. **RAISING YOUR STANDARDS [LIFT TRUCK DRIVER TRAINING PROGRAM] -** Producer: Liftow Limited- 35 mins.

This video comes with a complete package of materials and covers several topics in [7] detailed modules:

- * General introduction to lift trucks
- * Basic statistics
- * Principles of a lift truck
- * Daily inspection and the circle check
- * Safe driving principles
- * Propane cylinder changing
- * Battery care

This driver training kit is not a complete guide to the safe operation of fork lift trucks, but is intended to be used with your own company's safety procedures, any manufacturer's manuals, and supplemented by "hands-on" instruction with an experienced forklift operator. Take time to review all the material and decide what parts of the package best suits your needs. Additional materials are available from Liftow at 1-800-387-3140.

77. **DANGER ZONE [PEDESTRIAN SAFETY IN THE WORKPLACE] - 15 mins** - Producer: Liftow Limited

Did you know that 33% of all lift truck accidents in North America involve pedestrians? This video comes with a training package for both lift truck operators and pedestrians, including instructor's notes. The video illustrates many of the potential hazards of the "Danger Zone" when pedestrians and forklifts work in the same area. The trainer should preview all information included in this Pedestrian Safety Kit before presenting it to the employees.

78. **CREATING AN EFFECTIVE HEALTH & SAFETY COMMITTEE - 17 mins.** - Producer: Canada Law Book

The accompanying video program offers some practical advice and ideas on how you can ensure your workplace benefits from a Health and Safety Committee that knows its responsibilities, rights and powers. The booklet with this package briefly reviews:

- * Whether your workplace needs a Committee
- * How to set up and organize a Committee
- * What a Joint Committee and its members must do
- * The powers and accountability of Committee members
- * How the Committee can play an important role in the Due Diligence program every company should have.

By now, workplaces in most Canadian provinces are required by law to have Joint Health & Safety Committees. In Ontario, for example, over 100,000 offices, factories and workplaces of all kinds are affected. What new or even existing Joint Committee members may not know is the broad extent of their powers and responsibilities. This program will focus on the requirements in the Province of Ontario.

79. **INTRODUCTION TO TRENCHING HAZARDS - 27 mins.** -

Producer: Construction Safety Association

This very informative video can be divided into three parts:

- | | |
|-----------------------|--------------------------------|
| 1. Cave-Ins | 2. Protection against Cave-Ins |
| 3. Other site hazards | |

Several potential causes of "cave-ins" are discussed along with the different soil types and how trenches can become weakened by factors like weather, vibration and equipment.

"Protection Against Cave-Ins" is covered in three areas:

- | | | |
|------------|-----------------|------------|
| a. Sloping | b. Trench Boxes | c. Shoring |
|------------|-----------------|------------|

"Other Site Hazards" are addressed under several headings:

- | | |
|---------------------------------------|---|
| * Personal Protective Equipment | * Underground utilities [colour codes] and overhead wires |
| * Materials handling and housekeeping | * On-site traffic control |
| * Confined space | |

This excellent video would be a good addition to a pre-job meeting involving excavations or as support material for a safety meeting.

80. **PERSONAL PROTECTIVE EQUIPMENT - 22 mins. -** Producer: Safety Care

This video was produced in 1995, so the material is very current. All types of personal protective equipment are discussed as well as the hazards it is protecting against. Inspection, fit and maintenance of PPE are also stressed. The areas covered in respective order are:

- | | |
|---------------------------|--------------------------|
| 1. Eye & Face Protection | 2. Head Protection |
| 3. Respiratory Protection | 4. Hearing Protection |
| 5. Hand & Arm Protection | 6. Foot & Leg Protection |
| 7. Skin Protection | 8. Protective Clothing |

This video could be used in sections to supplement a safety talk, or as a complete review of personal protective gear.

81. **LOOK AROUND: YOU HAVE RIGHTS - 29 mins. -** Producer: Workplace Health & Safety Agency

This video pertains to safety and the young worker and was made in part because of the death of a young worker, Sean Kells, who was burned to death while working with a hazardous chemical without being informed or trained in its dangers. This video zeroes in and illustrates three basic rights of every worker: **The Right to Know** about hazards in the workplace, **The Right to Participate** in health and safety activities and **The Right to Refuse** unsafe work. The Occupational Health & Safety Act is also reviewed along with the duties and responsibilities of the workplace parties: Employers, Supervisors and Workers. This video also touches on Joint Health & Safety Committees and points out the importance of working together to ensure a safe and healthy workplace in which to work.

82. **MUSCULOSKELETAL INJURY PREVENTION PROGRAM - 27 mins. -** Producer: I.A.P.A.

This video is accompanied by instruction material to comprise a head-to-toe ergonomics training program for employees in the manufacturing sector. Looking at "**fitting the job to the worker**" this program explains five components of an ergonomic system:

- | | |
|------------------------------|------------------------|
| 1. Workstation design | 2. Tools and equipment |
| 3. Manual materials handling | 4. Work organization |
| 5. Environmental factors | |

This is a fairly comprehensive program for anyone interested in putting together an ergonomic training package for their facility and can be tailored to each company's workplace activities and manufacturing operations.

83. **THE SUDDEN DEATH OF WILLIAM POWELL - 20 mins.**

Producer: Ministry of Natural Resources Safety Association

This video could change the way you look at accidents. An accident investigation workshop could be built around this 20 minute video package. It looks at the aftermath of a fatality in a sawmill, and challenges the viewer to come face-to-face with what you think safety is all about and what perceptions do to the reality of safety. This video looks at several factors involved in the accident; the immediate and underlying causes as well as the root cause that triggered the incident in the first place.

84. **HANDLING GAS CYLINDERS - 6 mins. -** Producer: Stemp Safety Shorts

This short video looks at compressed gas cylinders containing everything from Acetylene to Nitrogen and Oxygen which are common to a lot of industrial and construction workplaces. This video tape package warns against taking unnecessary risks or taking them for granted, and reminds the viewer about their hazardous potential and demonstrates some proper handling and storage techniques that could lead to prevention of a serious incident. This package also comes with a short questionnaire to test the understanding of the viewer.

85. **GOOD SAFETY IS GOOD BUSINESS - 6 mins. -** Producer: Stemp Safety Shorts

This short video looks at two brothers who own similar businesses, but share different views on what safety is all about. The one brother sets the example by having a safety policy and showing support for his workers to get involved in safety by using good work procedures and wearing the proper personal protective equipment. The other brother tries to save money by cutting corners and ignoring his climbing accident frequency, which eventually leads to economic disaster. This short story makes its point about how safety is an integral part of every business.

86. **THE SAFE OPERATION OF OVERHEAD CRANES - 19 mins. -** Producer: Safety Care

Pendant or hand-controlled cranes or hoists are one of the most useful aids for material handling in the workplace today. But crane accidents do happen, and when they occur the results can be devastating. A portion of these accidents can be attributed to operator error or failure to adhere to safe work procedures due to:

1. lack of adequate inspections and checks
2. overloading the crane beyond recommended capacities
3. lack of knowledge of critical information by the operator

This program will concentrate on the safe operation and application of the pendant, or hand-controlled, overhead crane, and look in detail at the five major steps that must be followed to ensure their safe use:

- | | | | |
|---------------------------|-----------------------|----------------------|----|
| 1. Pre-operational checks | 2. Operational checks | 3. Planning the lift | 4. |
| Operational Rules | 5. Shutdown procedure | | |

This program comes complete with a trainer's manual that contains transcripts of each section as well as exercises to test the understanding of the audience on material content.

87. **CONTRACTOR SAFETY - 20 mins.** - Producer: Coastal Communications

When it really comes down to it, the host employer is ultimately responsible for what goes on at his site and for ensuring that workers are trained properly - even if those workers are contracted. Contractor Safety looks at several aspects of construction activities and will help train workers on specific safety [OSHA] regulations. Topics covered include:

- | | |
|---------------------------|----------------------------------|
| * Slips, trips, and falls | * Fire hazards and extinguishers |
| * Confined space entry | * Hotwork |
| * Trenching and shoring | * Lockout/Tagout |
| * Chemical process safety | * Handling hazardous chemicals |

This video package can be used as a total package or broken down into smaller components for review of specific topics.

88. **NOT AVAILABLE**

89. **FIRE AWARENESS - 15 mins.**

This video package discusses fire in four components:

- | | |
|-----------------------------|---------------------------------|
| Part 1 - The Nature of Fire | Part 2 - The Causes of Fire |
| Part 3 - Fire Behaviour | Part 4 - Fire Safety Management |

The aim of the Facilitator's Manual, when used with the video, is to provide the Facilitator with discussion points important to the program and allow participants the opportunity to discuss how the program impacts their own operations. Also included in the manual [which may be copied] is a Fire Awareness Questionnaire.

90. **STOP MACHINE ACCIDENTS - 25 mins.** - Producer: I.A.P.A.

This excellent video training package discusses the hazardous nature of machines in four sections:

- | |
|--------------------------------|
| Part 1 - What's the Problem? |
| Part 2 - What are the Dangers? |
| Part 3 - What Protects Me? |
| Part 4 - What do I do? |

Each section has a video module with an accompanying Safety Quiz that is explained in the easy-to-follow Program Booklet. This can be used to enhance or develop your safety awareness or training program to suit the needs of your own working environment.

91. **THINK ABOUT NOISE - 13 mins.** - Producer: Canadian Hearing Society

This very comprehensive package from the Canadian Hearing Society discusses everything from noise at work to noise at home and at play. Municipal Noise By-Laws and hearing protection are also explained and the whole package is accompanied by a Hearing Loss Question-and-Answer Book.

92. **SCAFFOLDS - 24 mins.** - Producer: Construction Safety Association of Ontario

This video is part of the Carpentry Safety Program and emphasizes safety throughout the process of assembling scaffolds. The video discusses several topics including:

- | | |
|----------------------|------------------------------|
| * Safe working load | * Guardrails and fall arrest |
| * Electrical contact | * Scaffold inspection |
| * Tie-ins | |

This video also comes with an Instructor's Notebook.

93. **CONFLICT COMMUNICATION SKILLS - 14 mins.** - Producer: Workwell Training Videos

This video discusses different situations that deal with conflict in the workplace, and suggests several ways to diffuse or address any hostility; things like listening, making eye contact, doing your best to solve the problem, and not taking it personally, etc. The video reviews 12 skills in all, and a Questionnaire is included with this package.

94. **WELDING SAFETY - 18 mins.** - Producer: SafetyCare

This video highlights some of the tasks encountered by Welders and the need for careful preparation to ensure the safety of not only the Welder, but all other workers who may be sharing the same job location. The video starts by listing different welding hazards and the need to evaluate the area before starting the operation. This is followed by workplace controls and personal protective equipment information to address those potential hazards. This video comes with a Trainer's Manual for additional reference.

95. **NEW WORKER AWARENESS PROGRAM - 11 mins.**

Producer: Industrial Accident Prevention Association [I.A.P.A.]

This video is an updated version of #81 "Look Around - You Have Rights", and includes information on job hazards, the law, worker's legal rights, legal responsibilities of employers/supervisors/workers - What if I get hurt?, and also some Health & Safety Resource Organizations. A Student Resource Book is also available with this package.

96. **EYE SAFETY - 15 mins.** - Producer: SafetyCare

This video is segmented into several sections that allows the presenter to stop at certain points throughout the program and review the material. Topics discussed are: Structure of the Human Eye, Types of Eye Injuries, Hazards in the Workplace, and Control Measures. A Trainer's Manual is included to supplement the video.

97. **YOUNG WORKERS AT RISK - 19 mins. -** Producer: W5

This video is actually a program that was aired early in 1996 by W5 on fatalities that involved young workers across Canada. Discussed are incidents in a recycling plant where a worker was buried alive under two tons of material, and another worker was overcome by toxic fumes while working in a confined space. A very forthright documentary on the working environment facing young workers today.

98. **SAFE AND EFFECTIVE GRINDING - 15 mins. -** Producer: SafetyCare

This video is part of the "Skills Education Series", and deals with Offhand Grinding Machines that include both pedestal and bench type grinders. Discussed are: grinder components and uses, wheel types and how they are identified, explanation of the "ring test", and how to install, dress, and remove grinding wheels. A good video for new or refresher training.

99. **HAND SAFETY - 10 mins. -** Producer: SafetyCare

This video package deals with hand safety in four parts: Preventing Hand Injury, Types of General Hazards, Types of Mechanical Hazards, and Types of Contact Hazards. Included in this package is a Manual and a Questionnaire that the presenter can use to supplement the video material.

100. **HIGH-IMPACT FORKLIFT SAFETY - 14 mins. -** Producer: Liftow Limited

This video discusses forklift operation and safety in three main sections; accident causes, accident prevention, and procedures for loading and unloading materials. Included with this package is a booklet to assist the presenter in preparing a session.

Be aware that this video is VERY GRAPHIC and should be introduced as such.

101. **DUE DILIGENCE -70 mins.-** Occupational Health & Safety Strategies for Senior Mgmt.

Producer: Rogers Communication at Ryerson Polytechnic University

This video and accompanying Manual are both based on a Due Diligence Workshop presented by Dr. Peter Strahlendorf of the Ryerson Polytechnic University. The primary audience for this educational program is Senior Management. It is organized into five segments:

- | | |
|---|--|
| 1. The Fundamentals | 2. Unpacking the Duties |
| 3. What does Due Diligence Really Mean? | 4. The OHS System – Tools for ue Diligence |
| 5. Prove It! Auditing your OHS System | |

This very comprehensive package can be presented in segments or as a total program.

102. **HIGH IMPACT MAINTENANCE SAFETY - 20 mins.**

Producer: Canadian Learning Company

Attitudes can make the difference between life and death when maintenance workers confront hazards on the job. Learn three "truths" for personal safety:

- | | |
|---|---|
| (1) Accidents will happen if not anticipated and prevented! | (2) If it can't be done safety - don't do it! |
| (3) Safety and job procedures are inseparable! | |

This video covers eleven graphic maintenance accidents that leave a real message. Workers use their "voices of experience" to give the viewer the benefit of lessons learned from those years of experience. This package includes a discussion guide.

103. **HIGH IMPACT METAL WORKING SAFETY - 20 mins.**

Producer: Canadian Learning Company

Over the years, safety devices have been added to machines and work procedures designed so that we will work safely. While these safeguards continue to improve, the importance of each machine operator's good attitude toward safety continues to be a critical factor. This program recreates ten industrial accidents involving metal working to illustrate the necessity of following proper safety procedures and maintaining a good safety sense.

The video reviews issues around operating brake presses, grinders, metal cutting shears, and other machines and stresses four important points:

- | | |
|--------------------------------|---------------------------------------|
| (1) Understand the operations. | (2) Get the proper training. |
| (3) Wear the correct P.P.E. | (4) Follow safe operating procedures. |

This program includes a discussion leader's guide.

104. **HIGH IMPACT EYE SAFETY - 15 mins. -** Producer: Canadian Learning Company

More than 1000 eye injuries occur at work every day. Most can be prevented by wearing proper personal protective eye wear. This video covers several graphic accidents demonstrating the dangers of:

- | | |
|--|-------------------------------|
| (1) Errant nails from hammering | (2) Flying metal particles |
| (3) Electrical flashes from short circuits | (4) Popping slag from welding |
| (5) Line breaking accidents | (6) Acid sprays |

This package includes a discussion leaders' guide and a questionnaire.

105. **EFFECTIVE SAFETY MEETINGS - 8 mins. -** Producer: Safety Shorts

This video discusses the key points behind conducting effective and efficient safety meetings. The focus is on accident prevention. The presenter should be credible and prepared to present the topic. Visual aids can make the meeting more dynamic. This package also comes with a reference guide.

106. **PRACTICAL INSPECTION SERIES - 4 MODULES = 4 TAPES**

This video package contains four interactive videos plus a leaders' training manual that covers Informal, Formal and Critical Parts inspections. Each module has participant exercises to reinforce the material as it is covered. *The whole package can be presented at one time (approx. 4 hours) or the modules can be covered separately (approx. 1 hour each).*

107. **STOP IT BURNING! - 15 mins -** Producer: SafetyCare

This video comes with an excellent trainers' manual that covers several aspects of fires; fire fighting techniques; extinguishing agents; fire extinguishers; classification of fires; and general guidelines. The manual also contains review questions to test understanding of the material.

108. **DANGER KEEP OUT! - 26 mins. -** Producer: Construction Safety Assn. of Ontario

This 26 minute video alerts children to the hazards of playing on construction sites and discusses a teachers' guide highlighting discussion of the material and follow up activities for the participants.

109. **GROUNDSKEEPING SAFETY - 17 mins. -** Producer: Coastal

As professional groundskeepers know, maintaining lawns, trees, shrubs, and plants requires the use of potentially dangerous equipment and chemicals. This package follows the SOS (Safe or Sorry) theory, and explains how to stay safe by wearing the proper P.P.E., applying ground rules to the work you do, and following safe work practices when operating equipment and using chemicals. A booklet and quiz come with this package (Please keep together).

110. **STATIC ELECTRICITY - SOLVING THE MYSTERY - 13 mins.**

Producer: Electrolab Training Systems

Static electricity is a fact of nature. It has always caused concern, and we have all experienced static electricity in one form or another. Shuffle your feet across a carpet on a cool dry day and then touch something (or someone). You'll get a static shock! Lightning is nature's show of force during a thunderstorm, another example of static electricity.

In the electronics industry, electrostatic discharge causes millions of dollars in damaged equipment yearly, this video package helps you understand static electricity, how it works, where it can be found, and how to control it. The package also comes with a booklet and quiz. (Please keep together).

111. **CONFINED SPACES – INSIDE MANOEUVERS - 24 mins. -** Producer: Coastal

This video compares working in confined spaces to working in a submarine. Each year, more than 1.5 million people do work in confined spaces such as tanks, pits, sewers, excavations, and many other types of confined spaces. Since this work is so dangerous, a team approach is required so that every crew member knows their responsibility under the law. This program covers topics such as Confined Space Hazards, Permits, the Entry Team, Rescue Services and Contractors. There is also a quiz to test understanding of the information.

112. **DEFENSIVE DRIVING – PREPARED FOR THE WORST - 18 mins.–** Producer: Coastal

Road hazards, poor weather, vehicle collisions, and crime are the worst possible conditions a driver can face. This package discusses the various conditions that create hazardous driving situations such as, fog, snow and ice, rain and night driving. Breakdowns, other hazards, and personal security are also covered. There is a quiz to test for understanding of the information.

113. **WHMIS FOR WORKERS - 30 mins. -** Producer: Liftow

WHMIS for Workers is a video based, self study program designed to give those who work with or near, hazardous materials an awareness of how the Workplace Hazardous Materials information System helps you to:

- (a) Identify hazards.
- (b) Know the hazards of those materials
- (c) Know how to protect yourself from accidents and illness.

Using practical language, this training program introduces you to the key elements of WHMIS by showing situations that you can relate to. This program comes with both a participants' and an Administrator's guide.

114. **BACK SAFETY 101 - 15 mins. -** Producer: I.A.P.A.

Good lifting and lowering aids remain a key element of any program designed to reduce back injuries. An ergonomic design can include such factors as adjustable seating and worktables, pedal-controlled machines, angled hand tools, anti-fatigue mats, height-adjustable platforms, lifts, and tilt and rotating tables to name a few. However, redesigning the work area to be more ergonomically-friendly need not be costly to be effective. Sometimes simple adjustments or a change in the way a task is done are all that need to be changed to ease bodily stress. More emphasis on education, awareness and training through the use of videos that illustrate common ergonomic areas of concern, live demonstrations, and proper placement of machinery are all ways in which your company can put into practice good back safety and injury prevention habits.

115. **HARASSMENT - KEEPING IT OUT OF THE WORKPLACE - 18 mins. -** Producer: Workwell Training Videos

This program has been produced to provide the viewer with a better understanding of the destructive and negative consequences of "Workplace Harassment". The video will define and discuss the most common forms of this behaviour, and will suggest methods and actions that can be taken to help eliminate its occurrence. The video is divided into 6 segments or vignettes showing the different forms harassment can take in the workplace. After each scene the actors discuss their own experiences and opinions of what has taken place. It has been designed so that the video may be stopped (optional) at the end of each scene for a group discussion. Participants are encouraged to discuss their own experiences.

116. **POWDER ACTUATED FASTENING TOOLS - 18 mins.** - Producer: SafetyCare
This video covers the hazards and the proper procedures for using powder actuated fastening tools. Included is information on different powder cartridges and proper storage and disposal of charges. Good information for anyone using Hilti, Ramset, or other powder actuated fastening tools.
117. **BACK CARE FOR CONSTRUCTION - 15 mins.** - Producer: Construction Safety Association of Ontario
Practical advice on posture, lifting techniques, prevention of trips and falls, and basic back care. Workers on the job demonstrate back-saving procedures, including the golfer's lift, overhead lift, and two-person lift. Other techniques cover heavy or long objects, sheet materials and shovelling. Back care starts at home, whether it's taking groceries out of the car or playing with the kids.
118. **BACK CARE ANATOMY - 6 mins.** - Producer: Construction Safety Assn. of Ontario
This video explains the relationship between muscles, ligaments, vertebrae, and discs. With the help of clear, full-colour animated illustrations, you'll understand the **WHY** and not just the **HOW** of back care exercises and techniques.
119. **BACK CARE EXERCISES-10 mins.** - Producer: Construction Safety Assn. of Ontario
A short daily exercise program to warm up, stretch, and strengthen the muscles that support your lower back. Easy-to-follow instructions for key muscle groups, including arms, hips, thighs, calf, hamstrings, and neck and shoulders.
120. **SLIPS & FALLS - OFFICE, RETAIL, PUBLIC - 8 mins.** - Producer: Safety Shorts
Falls are the second most common cause of on-the-job injuries, second only to back strains. Video follows the world's most accident-prone travel expert around the work as we learn about trips to the great outdoors. A humorous video dealing with statistics, housekeeping and walking surfaces. Included is a Fact Sheet with Questionnaire which can be copied as required.
121. **RAPE AWARENESS - 8 mins.** - Producer: Safety Shorts
Rape is a brutal, violent and degrading crime. Facts about rape and its prevention are covered. This is a dramatic video dealing with risk level, situations and awareness. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.
122. **THE BIG CHILL - HYPOTHERMIA**
Hypothermia occurs when the temperature of the body's inner core has been lowered, causing illness. Hypothermia strikes quickly and silently and can eventually lead to death. This is a dramatic video dealing with causes, symptoms, prevention and treatment. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.
123. **PERSONAL FALL ARREST SYSTEMS - 8 mins.** - Producer: Safety Shorts
A personal fall arrest system does not prevent a fall: it reduces the chance of injury when a fall takes place. To be effective, a personal fall arrest system must limit free fall distance, as well as the force of impact on an employee. When using a personal fall arrest system, it is critical that it is understood how to use it correctly. Careless or improper use could result in serious injury or death. This is a dramatic video dealing with inspection of personal fall arrest systems, fall distances, safe procedures for anchoring and tying off, and proper usage. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.
124. **VIOLENCE IN THE WORKPLACE - 8 mins.** - Producer: Safety Shorts
Today, more than 1,000 people are murdered on the job. Increasingly, these murders are at the hands of co-workers who may be angry over being fired, stressed, on drugs, or mentally unstable. As violence begins to invade our work space, it is important to ask "How safe am I at work?" This is a graphic video dealing with statistics, types of violence and awareness. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.
125. **ROAD RAGE - 8 mins.** - Producer: Safety Shorts
Road Rage is a type of aggressive driving that occurs when a driver reacts angrily to other drivers. Road Rage is a factor in many traffic accidents. To be safe, drive courteously, and avoid potentially dangerous or competitive situations. This is a dramatic video dealing with incidence, causes, driving responsibly and safely, and avoiding aggressive drivers. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.
126. **NEAR MISSES - 8 mins.** - Producer: Safety Shorts
A near miss is any incident that could have led to property damage or injury to a person but didn't. When near misses occur, there is always an error - an error that could have been fatal. Use near misses as warning signs to identify unsafe acts or conditions that could lead to future accidents. This is a humorous video dealing with errors, avoiding accidents, awareness and reporting. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.
127. **BOATING SAFETY - 8 mins.** - Producer: Safety Shorts
Each year more than 1,000 people die in boating accidents. Common boating hazards and how to avoid accidents are demonstrated. This is a dramatic video dealing with weight limits, boating safety sources and safety equipment. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.
128. **HAPLESS HAL'S HOLIDAY HINTS - 8 mins.** - Producer: Safety Shorts
Mishaps can quickly dampen your holiday spirit. Risks of fires, crime and alcohol-related injuries increase during the holiday season. Hapless Hal illustrates ways to reduce these risks by making safety a holiday tradition. This is a humorous video dealing with crime, consciousness, diet and stress. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.

129. **REPETITIVE STRAIN INJURIES**

Repetitive strain injuries are an ever-increasing occupational hazard. Learn how to prevent these injuries for all occupations. This video deals with actual cases and addresses key points such as definition, symptoms and prevention. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.

130. **REPETITIVE STRAIN INJURIES – MANUFACTURING - 8 mins.**

Producer: Safety Shorts

Repetitive stress injuries (RSI's) are one of the fastest growing injuries in the workplace today. RSI's are caused from years of repetitive or forceful motions that place stress and strain on the body. These painful and sometimes crippling disorders are especially common in manufacturing, where job processes may involve repetitive motion, twisting and lifting at the same time, and awkward postures that can stress the body. To help minimize or prevent RSI's, choose proper work techniques and stay alert for symptoms. This video deals with actual cases and addresses key points such as work habits, wrist positions, excessive use, posture, uncomfortable positions and over-exertion. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.

131. **REPETITIVE STRAIN INJURIES – CONSTRUCTION - 8 mins.**

Producer: Safety Shorts

Repetitive stress injuries (RSI's) are one of the fastest growing injuries in the workplace today. RSI's are caused from years of repetitive or forceful motions that place stress and strain on the body. Some experts say that more than half of workers have jobs with the potential for RSI's. To help minimize or prevent these painful and sometimes crippling disorders, use proper work techniques and stay alert for symptoms. This video deals with actual cases and addresses work habits, excessive force, posture, positioning, over-exertion, stretching and breaks. Included in this package is a Fact Sheet with Questionnaire which can be copied as required.

132. **LOCKING OUT ACCIDENTS - 14 mins. -** Producer: WCB of British Columbia

Production machinery can be dangerous if not properly locked out during maintenance. Lockout procedures for electricity, steam, pneumatics, hydraulics and gravity are reviewed to emphasize the importance of ensuring zero energy.

133. **BURN EMERGENCIES – PREVENTION AND RESPONSE - 10 mins.**

Producer: Marlin Westwood

Production machinery can be dangerous if not properly locked out during maintenance. Lockout procedures for electricity, steam, pneumatics, hydraulics and gravity are reviewed to emphasize the importance of ensuring zero energy.

134. **COMMUNICATING FOR SAFETY- 11 mins. -** Producer: Marlin Westwood

Accidents on the job happen often when PEOPLE DO NOT COMMUNICATE. Hence learning and practicing good communication skills is a critical safety issue. In this video you will see how good communication can make your department a safer place to work. Discussed are six guidelines that you can follow every day. This video also comes with a presenter's guide.

135. **HEAT STRESS - 15 mins. -** Producer: Marlin Westwood

Heat causes considerable stress on your mind and body and it can seriously affect your health and safety. Whether it is a hot working environment or just hot weather, you need to take special precautions when temperatures are high. The purpose of this video is to teach employees about the danger of heat stress – what it is – what the symptoms are – and how then can prevent it.

136. **JOB HAZARD ANALYSIS – WHAT EMPLOYEES CAN DO - 10 mins.**

Producer: Marlin Westwood

Every job or task employees perform involves potential hazards – unsafe conditions or actions that could result in accidents or injuries. Workers may be able to prevent or correct such hazards by simply changing the way they perform their tasks. Performing a job hazard analysis beforehand can help clarify the way they do the job, detect any potential hazard and make any necessary change or adjustment before an accident occurs. This video will discuss the many benefits of JSA's and how to be prepared to work safer and more effectively.

137. **MYTHS ABOUT PERSONAL PROTECTIVE EQUIPMENT - 10 mins.**

Producer: Marlin Westwood

There are many reasons why employees might neglect to wear proper P.P.E. Some employees feel they are invincible, some feel P.P.E. is not necessary, some feel they have enough "experience" to do the job without it. This program underscores the importance of wearing the required personal protective equipment no matter what the task, no matter how quick the job. It reviews many of the myths and misconceptions that employees have about P.P.E. and reveals the flaws in these beliefs. This video comes with a presenter's guide.

138. **PRE-JOB SAFETY CHECKLIST - 10 mins. -** Producer: Marlin Westwood

The purpose of this video is to teach employees to stop and think before they perform any task, think about the hazards involved and take the necessary precautions to protect themselves. The program covers a simple five-point checklist before they begin any job. The checklist includes such critical safety items as PPE, work area safety, written safety information and pre-job equipment inspection. This video comes with a presenter's guide and a questionnaire.

139. **SAFETY IN THE OFFICE - 15 mins.** - Producer: Marlin Westwood

Many people who work in offices assume that on-the-job safety is not something that they have to worry about but many of the injuries that occur every day in the workplace happen in offices. The main causes are electricity, fire and falls. Unfortunately the "it can't happen here" attitude of many office employees only increases their chance of getting such a job related injury. When people are not aware of the potential hazards, they may act carelessly, thereby increasing the chance of injury. The purpose of this video is to make employees aware of the dangers that do exist in office environments and to show how attitudes can help to undermine safety on the job. This video comes with a presenter's guide and quiz.

140. **SAFETY SIGNS - 12 mins.** - Producer: Marlin Westwood

Companies post safety signs all around the facility to warn employees of hazards. The signs only serve that purpose if employees are aware of them and pay attention to them. The purpose of this video is to increase awareness of safety signs and drive home the message that they protect employees and their co-workers. The video discusses the meaning of various colours and pictures used on signs in the workplace. This package comes with a presenter's guide and quiz.

141. **STEP LADDERS -** Producer: Safety Shorts

Every year thousands of people are injured while using stepladders. These accidents generally result from the ladder being in poor condition, being the wrong ladder for the job or being set up or used improperly. This video discusses the guidelines around the safe use of stepladders and comes with a one-page leader's guide.

142. **PREVENTING CHILD ABDUCTION - 10 mins.** - Producer: Safety Shorts

Child abduction is a concern of every parent today. Every year thousands of children are abducted by family members or by individuals they may or may not even know. This video discusses how to protect your children by giving them the skills and knowledge they need to have to protect themselves and stay safe. This package comes with a one-page leader's guide.

143. **ICE CRISIS - 1998 - 6 mins.** - Producer: Bell Canada

This video deals with the devastating ice storm that hit on January 8, 1998 and resulted in 29 fatalities. Discussed are the numerous challenges that faced Bell Canada, not only in terms of lost power and damaged equipment but also in terms of the devastating impact on families and their livelihood.

144 UNDERSTANDING HAZARDS & RISKS - 12 mins. - Producer: Safetycare

The aim of this video based training package is to provide the participants with a clear understanding of the terms "hazard" and "risk" and to increase their awareness about accident prevention. Discussed are definitions for the terms hazard/risk, the factors necessary to make safety & health a success, and how to personally contribute to preventing accidents in the workplace. This package comes with a trainer's manual.

145 FALLS IN THE WORKPLACE - 12 mins. - Producer: Safetycare

The purpose of this video based training package is to improve the participants understanding about the nature of falls in the workplace and to specifically identify control measures that will prevent fall type accidents. Discussed are five different categories of falls, contributing factors to falls, falls from heights, and the range of control measures to minimize or eliminate risk of injury from a fall. Included in this package is a trainer's manual and questionnaire.

146 ALCOHOL & DRUGS IN THE WORKPLACE - 15 mins. - Producer: Safetycare

The purpose of this video based training package is to provide the meeting leader or facilitator with discussion points which will allow the participants the opportunity of discussing the impact of drugs and/or alcohol in the workplace. The problem is right throughout society and is a growing safety issue in the workplace. The significance of the problem is compounded by the attitude of the people prepared to accept it as a minor problem or one where the sufferer must sort it out for themselves. The program also moves into the area of employee assistance programs. **This package comes with a leader's manual that should be reviewed carefully before presentation of the video.**

147 WORKING WITH DISPLAY SCREEN EQUIPMENT - 12 mins.

Producer: Safetycare

The aim of this video based training program is to provide the meeting leader/facilitator with discussion points relevant to the topic and allow participants the opportunity to discuss the impact of display screen equipment on current work practices and whether in fact changes may be required. Discussed are different types of display screen equipment, workstation requirements, common hazards, and work assessment guidelines. This package comes with a leader/facilitator guide and questionnaire.

148 LOCKOUT TAGOUT - CONTROLLING THE BEAST - 19 mins.

Producer: Electrolab Training Systems

This video based training program is designed to educate employees on the importance and benefits of locking and tagging equipment out properly. The video is designed with natural stopping points to permit discussion, and applies to a wide range of applications and work environments. The program can be tailored to your specific company policy and comes with a leader/facilitator manual and a questionnaire.

- # 149 THE CAER VIDEO – Safer Living in Bluewaterland - 10 mins.** Producer: Skylight Video Productions
For 150 years the economy of Lambton County has been enriched by the oil and petrochemical industries. The operation of these plants presents an element of risk. This video outlines authoritative suggestions to help residents respond correctly to a chemical fire, explosion or toxic vapour release.
- # 150 OFF-THE-JOB SAFETY - 12 mins. -** Producer: Marlin Motion Pictures (BBP)
This "safety meetings" video discusses why safety awareness cannot be limited to the workplace because accidents cause the same pain and suffering. This video reviews the seven basic principles of home safety and gives the meeting leader a guide with questions and possible answers for each rule to encourage a discussion with participants.
- # 151 DRIVE SAFELY - 10 mins. -** Producer: BBP
Motor vehicle collisions are the No. 1 cause of accidental deaths. The frightening thing about this statistic is that these deaths are preventable. Some people just don't take driving seriously. Safe drivers are people who keep their vehicles in good condition, are careful when they drive and obey the rules of the road. This video program gives the viewer six questions that they should always ask themselves about the way they drive. (Comes with a Leader's Guide).
- # 152 WATCH OUT FOR ASSULT – Staying Safe and Secure - 14 mins.** Producer: BBP
Muggings, carjackings, rapes and other types of assaults can happen to anyone, anytime, anywhere. The good news is that, although these crimes are common, there are ways to avoid becoming a victim. Knowing what to do and what not to do can literally save your life. The purpose of this "safety meetings" series video is to alert employees to the common threats to personal safety and show how to watch for trouble and stay safe – on the street, in buildings and their cars. (Comes with a Leader's Guide).
- # 153 REPETITIVE MOTION INJURY – Prevention is in Your Hands - 10 mins.** Producer: BBP
Repetitive Motion Injury is common among workers who consistently perform tasks that require them to repeat the same movements over and over. The pain associated with RMI most often affects the tendons, nerves and muscles of the hands, wrists, elbows and arms. This "safety meetings" series video informs employees about the dangers of RMI and shows them what steps they can take to prevent it. (Comes with a Leader's Guide).
- # 154 MACHINE SAFETY – It's in Your Hands - 12 mins. -** Producer: BBP
Your company can provide the best equipment, machines and safety devices but if employees do not heed warnings and operate these machines safely, accidents and injuries will occur. Machine accidents are among the most severe, even fatal. This "safety meetings" series video discusses safety procedures that every employee should know when working with or around machines and emphasizes the importance of avoiding complacency. (Comes with a Leader's Guide).
- # 155 EVALUATING NEAR MISSES TO PREVENT ACCIDENTS - 10 mins.** Producer: BBP
This "safety meetings" video emphasizes the importance of taking "near misses" seriously. It shows employees the essential role they play in reporting and evaluating "near-miss" situations and in helping your organization take appropriate steps to ensure that accidents that were previously waiting to happen – never do. (Comes with a Leader's Guide).
- # 156 THE ESSENTIALS OF HAND SAFETY (Training Package) - 18 mins.** Producer: Safety Care
Serious hand and finger injuries make up approximately 25% of all reported workplace accidents. This video comes with a FULL TRAINING PACKAGE that can be used in two separate parts or as a total 4 hour course. The session leader can choose beforehand how it should be presented. Part One covers the potential "hand traps" and "pinch points" that exist in the workplace and the concept of defensive working. Part Two is aimed at involving participants in identifying and analyzing serious hand injury hazards that exist in their workplace.
- # 157 A MATTER OF INCHES - 8 mins. -** Producer: Dupont
This video is #20 of the Dupont "TAKE TWO for safety" series and discusses the importance of reporting "close calls" or "near misses" to avoid injuries to the next person. The emphasis is on finding the cause and making changes to improve conditions.
- # 158 REPORT IT - 15 mins. -** Producer: Core Media
This "near miss" reporting program is a COMPLETE TRAINING PACKAGE to be used to develop (or improve) a "near miss" reporting process. The package is designed with flexibility in mind. You may use the 15 min. video as a prompt for a safety meeting or use the course overview with the Core Media disk to show powerpoint slides, report forms and tracking sheets.
WE ONLY ASK THAT YOU LOAN IT OUT AS A COMPLETE PACKAGE AND RETURN IT BACK TO US AS A COMPLETE PACKAGE.
- # 159 REAL LIFE SITUATIONS: PPE - 15 mins. -** Producer: Electrolab Training Systems
This video is an extension of another video entitled "It only takes a second" about how quickly an incident can happen. This video goes one step further to show what the impact of an injury can be in terms of not only cost and pain and suffering, but also in terms of lost time from the things we like to do away from the job. A good eye opener.

160 MANUAL HANDLING: - 20 mins.**Producer: Safetycare**

Statistically, manual handling injuries account for around 40% of all workplace accidents. This training course provides a very comprehensive look at the whole realm of manual handling. It involves the participants in practical exercises that identify manual handling hazards in their own workplace, evaluates those risks, and looks at how to eliminate or reduce those risks.

This package also provides 3 specific tools to use if you preferred to use it as a training session:

1. A Manual Handling Assessment Tool
2. A Manual Handling and Ergonomic Assessment Tool
3. A Risk Assessment Tool

These tools can be used independently of the course or you can even use the video as a safety meeting awareness tool. Using the whole package as a training course would take the instructor approximately four hours. The video alone runs about 20 minutes.

161 BURNS: - 15 mins.**Producer: Safetycare**

This video discusses the different aspects and stages of different types of burns, including thermal, chemical and electrical burns. It also discusses how the epidermal layer and the body itself responds to 1st, 2nd, and 3rd degree burns. **This video is very graphic and you will want to warn your audience that what they are about to see are real life situations that resulted in severe burns to the victims.**

162 I WON'T BE IN TO WORK TODAY – 22 Minutes**Producer: Safety Health Publishing**

This video was produced as part of a series by Martin Lesperance, a former firefighter and paramedic who has seen and responded to some pretty scary accident situations. This presentation talks about the really stupid and irresponsible things that people do (mostly at home) that result in serious injuries and even death. The point of the video is that all of the accidents could have been prevented with a little fore thought. And the resulting impact goes much further than the immediate pain and suffering.

163 WEEKEND WARRIORS – 12 Minutes**Producer: Safety Health Publishing**

This video presentation by Martin Lesperance, a former firefighter and paramedic, talks about the weekend warrior in all of us. Those situations where we get into sports, work or other strenuous activities without thinking about warming up or even how the activity itself can over tax our system and cause sprains and strains or broken bones. Martin uses emergency situations that he's responded to bring home the point that some of us are not 21 years old anymore, and can't expect to perform like we still are.

164 SILLY LITTLE RISKS – Talking to Teens 17 Minutes**Producer: Safety Health Publishing**

This video presentation by Martin Lesperance, a former firefighter and paramedic, talks about the everyday activities that we get into and how we tend to ignore the hazards and risks that we might be exposed to because we don't think about the possible consequences of our actions and who else they might affect. The bottom line is that an injury or possible fatality will have more far reaching affects on our families and loved ones. A pretty thought provoking video, especially for the young or inexperienced.

165 HEART ATTACK! – 13 Minutes**Producer: Safety Health Publishing**

This video presentation by Martin Lesperance, a former firefighter and paramedic, tells about a birthday party that was being thrown for a man who started complaining about some discomfort in his chest, so the paramedics were called. When they arrived, the man resisted being looked at and even being paid extra attention. He had to be coerced by his family to go to the hospital to be checked out. He died on route of a heart attack. The message here is that denial can be your worst enemy in a potential heart attack situation. Early warning and treatment can save your life

166 PROTECT YOUR HEAD – 13 Minutes**Producer: Safety Health Publishing**

This video presentation by Martin Lesperance, a former firefighter and paramedic, tells about the serious trauma that we can suffer from a bump or blow to the head, and how the effects can cause everything from a minor concussion to being a vegetable for the rest of your life. He uses a couple of real life examples to make his point.

167 DISASTER PREPAREDNESS – 18 Minutes**Producer: Marlin Westwood Training**

Disasters – natural or man-made – can happen at any time, and the consequences can be devastating. Your company's disaster procedures should be designed to help minimize the damage and personal injury that often accompany a disaster. This video provides a forum for you to discuss what procedures you have (or don't have) in place and the importance of each employee's role in following them. The video covers five basic preparedness steps and also includes potentially lifesaving information about several different types of disasters. This package also comes with a leader's discussion guide and a participant quiz.

168 EMERGENCY EVACUATION PROCEDURES – 10 Minutes**Producer: Marlin Westwood**

This video provides a forum for your company to discuss what kind of evacuation procedure you have (or don't have) in place in the event of a disaster or other type of emergency. The video explains general procedures, and the importance of each employee's role in following them. The video comes with a quiz and a leader's guide to help with discussions on panic, what to do if you're the first responder, and company/plant maps to help with organized evacuation.

169 DRIVE SAFELY (Revised) – 10 Minutes Producer: Marlin Westwood

This video gives the viewers six questions to ask themselves when they're operating a vehicle, questions that will tell them how serious and safe they are about their driving: Is the vehicle fit to drive? Am I alert, aware and awake? Am I wearing a seat belt? Am I driving defensively? Am I obeying the traffic signs? Am I watching for pedestrians? The video comes with a quiz and a leader's guide to encourage participation in the discussions.

170 COMPANY PROFILES OF BEST PRACTICES – 12 Minutes Producer: WSIB

This video is one of a series of four produced by the Workplace Safety and Insurance Board of Ontario. It profiles two companies and their experiences in making health and safety a priority of management. One of the companies manufactures molded rubber products and the other is a global player in engineering projects that stresses communication and team work that develop quality people and quality products.

171 LIFE OF A CLAIM – 9 Minutes Producer: WSIB

This video is the second of a series of four produced by the Workplace Safety and Insurance Board of Ontario. Learn how a claim for a workplace injury is processed at WSIB. Included are the five phases of a claim: Prevention; Day of the accident; Health Care; Early and Safe Return to Work; and Labour Market Re-entry. There is also an overview of resources that contribute to establishing and maintaining a claim.

172 THINGS YOU'D BETTER KNOW – 13 Minutes Producer: WSIB

This video is the third of a series of four produced by the Workplace Safety and Insurance Board of Ontario. Narrated by Marisa Ellis (if the last name sounds familiar, it's because her brother David was killed on his second day of the job), the video details the rights and responsibilities of young workers. It also features testimonials about the effects of workplace tragedies, not only on the workers but their families, friends and loved ones.

173 LAUNCHING A SAFE START – 10 Minutes Producer: WSIB

This video is the fourth of a series of four produced by the Workplace Safety and Insurance Board of Ontario and emphasizes the importance of working with your employer to ensure the safety and health of all employees. This video could be used as part of an orientation program.

174 TOO CLOSE FOR COMFORT – 16 Minutes Producer: Workwell Videos

This video examines the elements of a near miss or close call and walks you through a process to analyze, assess and act upon close calls that didn't cause an injury or damage but could have under different circumstances. Also discussed are the advantages and benefits of investigating near miss incidents.

175 LISTEN UP! COMMIT TO RECEIVE FEEDBACK – 9 Minutes Producer: Electrolab

This video role plays some feedback scenarios of workers who were performing "at risk" behaviours and observed by co-workers who tried to intervene in the name of safety. The key point made here is that if a fellow worker takes time to look out for you, it's worth listening to what they have to say.

176 SPEAK UP! COMMIT TO GIVE FEEDBACK – 10 Minutes Producer: Electrolab

This video shows several individuals in situations where there is an opportunity to give feedback about at-risk behaviours. It discusses three simple steps to use for giving feedback: Ask; Get Commitment; Follow-up. This package includes a leader's guide and workshop materials.

177 HOME FOR DINNER – Being Safe – It's Not Just About You !! 12 Minutes

This video is a production from Dow Chemical's "take your child to work" day, when Dow employees were allowed to bring their children into work with them to expose them to an industrial workplace and witness how safety plays a major part in getting them back to their families after every work day. The video shows the children's responses to a simple question: "What would you say if you saw your dad or mom doing something unsafe?" Their answers are interesting if not surprising. The video also includes employees own feelings on safety after being injured from a workplace accident, and the affect that injury had on their families, friends and life in general. There's a strong message here.

178 WORKPLACE HOUSEKEEPING 12 Minutes Producer: Electrolab

This video program looks at workplace housekeeping in a larger light. There are four main parts: Benefits of good housekeeping; Reducing accidents and injuries, including obstructions, spills or leaks and walking surfaces; Fire control, including storage and waste control; and General guidelines that look at access ways, maintenance, hygiene and aisles/walkways. This program comes with a leaders guide and questionnaire.

179 EMERGENCY EVACUATIONS 10 Minutes Producer: Safety Shorts

Evacuation of your building may be the best protection against fires, bomb threats, chemical spills, or other emergencies. If the building is a multi-story building, occupant safety takes on even more critical importance. Panic, fear and the simple physical demands made by a great number of people exiting by stairwells can pose hazards to all involved. This short video program discusses these issues and comes with a short quiz.

- # 180 CELL PHONES & TWO WAY RADIOS 10 Minutes Producer: Safety Shorts**
Millions of people today take advantage of wireless communication. But with the number of users increasing every day, safety concerns are becoming a national issue. The major concern is driver distraction. Studies show that using mobile communication can impair perception and decision making related to driving and increase the potential for a collision. This video program discusses good judgement and strict attention to safety and comes with a quiz.
- # 181 Hapless Hal Plays the BBS Game 10 Minutes Producer: Safety Shorts**
Hapless Hal gives us a humorous look at the concept of Behaviour Based Safety. Thousands of workers die from accidental injuries every year and at-risk behaviours are either a direct cause or a major contributing factor. Behaviour Based Safety programs encourage employees to focus on safe work behaviours and work together to discuss and correct at risk behaviours to ultimately reduce accidents and injuries in the workplace. This program comes with a short quiz.
- # 182 Near Misses 10 Minutes Producer: Safety Shorts**
A near miss is any incident that could have led to property damage or injury to a person **but didn't**. When near misses occur, there's always an error.....that could have resulted in a critical or fatal consequence. Near misses should be considered a blessing in disguise, because they give us a warning to identify unsafe acts or conditions that under slightly different situation could lead to an accident or injury. This program comes with a short quiz.
- # 183 Allergies and Asthma 10 Minutes Producer: Safety Shorts**
An allergy sufferer never knows whether or not the next breath of air, the next bite of food, the next living thing encountered will cause a fit of sniffing, sneezing or just plain misery. This video discusses the various allergies, from trivial to tragic, and how we can best avoid, abate or cure them. This program also comes with a short guide and quiz.
- # 184 Home Ergonomics 10 Minutes Producer: Safety Shorts**
Ergonomics has made the modern workplace a safer, more productive place to be, but the ergonomic lessons employees learn on the job are too often forgotten on the home front. By applying some of the principles we learned at work, we can make our home and recreational lives as ergonomically safe and efficient as the workplace. This program comes with a short guide and quiz.
- # 185 Gases at Home and at Work 10 Minutes Producer: Safety Shorts**
Everyday we are exposed to a number of different gases, some harmful some not. This video program discusses some tips for preventing exposures to the ones that could be harmful and even deadly in the right circumstances. This program comes with a short guide and quiz.
- # 186 Lost in the Ozone 10 Minutes Producer: Safety Shorts**
The ozone layer protects us from Cancer causing UV rays. CFC based refrigerants, such as freon, may be damaging this protective layer. It is now illegal to allow the escape of CFC's into the atmosphere when servicing mobile air conditioners. This video discusses how to be in compliance with the law.....and help save the environment. This program comes with a short guide and quiz.
- # 187 There's No Magic to Safety 10 Minutes Producer: Safety Shorts**
An amateur magician learns that it takes more than a bag of tricks to create an accident-free workplace. The success of any company's safety program depends on employers and employees working together. This video discusses the employee's role in this cooperative effort. This program includes a short guide and quiz.
- # 188 Sharing the Road with Rolling Rigs 10 Minutes Producer: Safety Shorts**
18 wheelers and passenger vehicles on busy highways can be a volatile mix. This video program discusses some of the hazards to watch out for such as blind spots, emergency off ramps, steep grades etc. and tips to keep in mind to avoid a run-in with a big rig. This program comes with a short guide and quiz.
- # 189 Safetyman Chapter 1 10 Minutes Producer: Safety Shorts**
This humorous video introduces Safetyman and his outlook on the number one cause of injuries and fatalities in the workplace. Safety tips to prevent slips, trips and falls are provided using a parody of old movie serials and the character role of Safetyman. This program comes with a short quiz.
- # 190 A Shocking Experience 10 Minutes Producer: Safety Shorts**
Most of us realize that electrical hazards pose a danger in the workplace, but we sometimes forget that same principle applies at home as well. Practicing safety is a full time concern, something that was forgotten by the person in this video when he rushes to fix his roof antenna so he can watch the ball game which is soon to begin. Electricity is a wonderful resource that when ignored or abused can provide fatal consequences. This video program comes with a short quiz.
- # 191 Home Safety – Past, Present and Future 10 Minutes Producer: Safety Shorts**
We tend to think of our home as being a place where we will always be safe and yet each year some 20,000 deaths in North America occur in the home, the majority caused by falls, burns or accidental poisonings. This video discusses how to avoid becoming a statistic and be safe in our own home.

- # 192 On Any Given Day (Safety statistics) 10 Minutes Producer: Safety Shorts**
Accidents can happen any place, at any time without warning. By simply paying a little more attention, and being a little more cautious, many disabling and potentially fatal accidents can be prevented. This video discusses a few eye-opening statistics and ways to improve safety both at work and at home. This program comes with a short quiz.
- # 193 Good Driving is an Attitude 10 Minutes Producer: Safety Shorts**
Driving safely is a conscious effort to avoid a collision in spite of the conditions and the other drivers around you. When we allow problems to distract us while driving, we jeopardize our own lives as well as the lives of others. This video discusses the principles of good driving that include the proper attitude. This program also comes with a short quiz.
- # 194 Safety – Everyone’s Responsibility 48 Minutes Producer: Electrolab**
This video is one of a series of programs from Charlie Morecraft, the Oil Refinery worker that was critically burned in a flash fire and went through five years of rehabilitation and lost virtually everything because he took safety for granted. In this video Charlie talks about complacency and disregard for safety policies and procedures and the consequences that come from unsafe behaviours. The video is 48 minutes long, but the message is presented in a very powerful and passionate way.
- # 195 Safety and use of Air Compressors 13 Minutes Producer: Safetycare**
A wide range of tools and equipment used in industry today are used in conjunction with an air compressor system. The “Safety and use of Air Compressors” video program shows how to operate an air compressor system safely and efficiently. The video program discusses how air compressors work, PPE, safe use of air hoses, refueling, regulators, pressure gauges and valves, connectors and couplings and maintenance.
- # 196 Confined Space Entry – “The Silent Killers” 18 Minutes Producer: Safety Advantage**
This program provides an overview of the general types of hazards associated with confined spaces, basic atmospheric testing requirements and information relating to confined space work. **The major emphasis for this program is on the attendant.** Too often, this person is the least trained, yet has the life and death responsibility for those people in the confined space. This program helps the attendant understand those responsibilities.
- # 197 I Chose To Look The Other Way 12 Minutes Producer: American Training Resources**
This video is a very powerful message about looking out for co-workers and speaking to them if you observe them in a situation that could cause them injury or any other serious consequence. The scene is a worker standing on a ladder ready to open a steam valve that is not properly isolated. A co-worker is passing by and is reluctant to say something because he has had a previous bad experience. The result of his decision not to speak up is fatal. A powerful message about every persons responsibility for safety on the job.
- # 198 Recognition, Evaluation & Control of Hazards 13 Minutes Producer: Safetycare**
This video is a newer version of the previous hazard recognition video and is accompanied by a full training program that includes a workshop for learning those skills to identify hazards in the workplace. The program will cover occupational hazards, the recognition, evaluation and control of those hazards and a practical hazard identification and risk analysis exercise. A complete leader’s guide and instructor’s notes are included in this program.
- # 199 Safety Stretch 15 Minutes Producer: Electrolab Training Systems**
Employees can minimize their chances of injury as well as improve productivity and effectiveness by implementing a daily pre-work stretching program. This simple 7 or 8 minute stretching program can significantly improve range of motion as well as muscular and joint flexibility. This video leads the participant through several easy exercises.
- # 200 Winter Safety 13 Minutes Producer: Marlin Westwood Training**
This video program covers a wide variety of winter related activities including how to dress for the cold, shoveling snow, road and driver safety, having fun in the snow, fire place and space heater safety, and holiday partying the safe way. This program also comes with a short outline and quiz if desired.
- # 201 Target Zero 16 Minutes Producer: Coastal**
Proactive safety, the aggressive pursuit of zero accidents in the workplace, relies not only on knowledge of safe operating procedures and principles, but also on the right attitude amongst all workers. One way to foster the right attitude is through leadership. Leadership is different from management, so employees at all levels can become proactive safety leaders. Rather than concentrating on rules as management does, leadership is the ability to motivate a group toward a certain attitude and behaviour. This video program discusses having a vision and setting expectations, building trust and having a sense of purpose to maintain that safety vision with persistence and a positive attitude. This program comes with a leader’s guide and a questionnaire.
- # 202 Know Your Limits 20 Minutes Producer: BC Hydro**
This video, generously donated by Sarnia’s Transalta Co-generation Plant, is intended to raise awareness about electrical incidents, their causes, and most importantly, what can be done to prevent them. Five generating station and switchyard incidents are profiled within this program. These incidents were chosen from a number of electrical utilities throughout North America. Ten key points are identified (things like lock it out & verify that it is really isolated, job planning, communication, distractions from the task at hand) within the five profiles to help ensure you maintain your “limits of approach”.

- # 203 What's Wrong With This? 10 Minutes Producer: Liftow**
 This is a good video for testing your forklift operator's knowledge of **what not to do** when operating a forklift truck. Several different scenarios are shown to illustrate at risk behaviours and habits that operators can develop after several years of experience when complacency and lack of concentration can set in. A good program to include in initial or refresher training.
- # 204 Kids do it...Child's Play 10 Minutes Producer: Black and Yellow**
 This video takes a little different approach to teaching the techniques of proper lifting, that is watching small children at play. The principle behind the program is that if you've never been given instruction on lifting, you will do what comes naturally without exposing yourself to injury. And the children in the video certainly make lifting look easy. This video ends up being both entertaining and educational.
- # 205 Safe Driving Tactics 17 Minutes Producer: Aurora Pictures**
 This video is designed to encourage viewer participation by asking the audience to discuss the hazards shown in the different video segments. Whether mental mistakes, incorrect procedures or dangerous conditions, the hazards shown are the kind of hazards each of us can encounter during our day-to-day driving. You may not identify every mistake, hazard or unsafe condition, because some are not as obvious as others. On the highway, the same is true. This video program is designed to increase our awareness of mental mistakes and highway hazards, whether they are obvious or not. There is also a leader's guide to present this program in different formats.
- # 206 What's Wrong With This Picture 17 Minutes Producer: Aurora Pictures**
 This video is designed around the safe handling of chemicals and the WHMIS program. Different scenarios are reenacted to illustrate the mistakes that can be made when handling hazardous materials. Proper labelling of containers, the use and value of material safety data sheets, personal protective equipment and devices and occupational health are all discussed in this video that would make a good addition to a safety meeting or training session on hazardous materials.
- # 207 STOP AND THINK 5 Minutes Producer: Aurora Pictures**
 This very short but very interesting video focuses on the at risk behaviours that occur every day on and off the job. Several of the incidents deal with the lack of personal protective equipment and disregard for safe work procedures or taking short cuts to get the job done. The message conveyed is clear – **stop and think about the task before you perform it!**
- # 208 UNSOLVED ACCIDENTS 10 Minutes Producer: Kanatola Productions**
 Investigating a workplace accident can prevent future accidents, improve your safety record, and save your company money. In this video presentation, you'll follow the story of a typical accident: a warehouse worker carrying a box slips on a spot of oil and breaks his wrist. At first, it seems like an open and shut case. But further investigation shows that this accident was actually the result of a number of small shortcuts. Better safety practices on the part of several different employees could have prevented this accident from happening in the first place.
- # 209 WE MISS DAVID 11 Minutes Producer: WSIB**
 Eighteen-year old David Ellis was fatally injured while working on the second day of a new job. To those who did not know him, David's death is a stark reminder of the many dangers that confront young workers every day on the job. To those who did know him, David's life is cherished in memories as a straight "A" student, as a musician, as an athlete, and as a volunteer in need. David's father and sister, some school friends and one of his teachers share their thoughts and feelings about the personal loss behind this workplace fatality.
- # 210 OFFICE HEALTH & SAFETY 10 Minutes Producer: Workwell Training Videos**
 In today's workplaces, information has become our most important commodity. This has resulted in a radical shift in the way we work. More and more of us now work in offices and with computers. While there are no jackhammers or forklifts in offices, health and safety is just as important as it is in a manufacturing plant, on a construction site or on the road. This video stresses to viewers that hazards in the office environment can cause serious injuries if they are overlooked and that it is each person's responsibility to take a proactive approach towards office safety. Topics discussed include emergency response, electrical safety, working with photocopiers, safe lifting, ergonomics and workplace security. This package comes with a leaders guide.
- # 211 DISTRACTED DRIVING 15 Minutes Producer: Aurora Pictures**
 Distractions have been a safety issue for drivers ever since cars first hit the road. But for a variety of reasons, we are now experiencing an explosion of driving distractions, ranging from cell phones, radios, CD players, and navigation systems to entertainment systems. There seems to be a widespread attitude among drivers that it's OK to conduct business, dine and entertain while operating a vehicle. This video is designed to raise driver awareness about the dangers of distractions and suggest ways to control distractions and maintain focus on the task at hand – driving. This package also has a leaders guide.
- # 212 FEEDBACK SKILLS FOR SUPERVISORS 22 Minutes Producer: Marlin Motion Pictures**
 It's a delicate tightrope we walk as supervisors when we are faced with giving constructive feedback. Some employees welcome the feedback and look on it as an opportunity to learn and grow. Unfortunately, others look at it as criticism and become upset, no matter how good the intentions. As a supervisor though, your employees need to know how they are doing. This video will show you how to make feedback a more positive experience for both parties. The feedback scenarios are based on office environments, but the principles are still the same. There is also a leaders guide available with this package.

213 MATERIAL SAFETY DATA SHEETS 15 Minutes Producer: Safetycare

This package can be used as a stand alone video for MSDS Awareness or to train anyone in the workplace who is required to read and interpret Material Safety Data Sheets. The course concentrates on the critical information contained in the MSDS's. The average MSDS contains many medical and technical terms that are not in common daily use. In addition, there can be toxicological abbreviations and specific chemical terminology that makes understanding the MSDS even more difficult. This package comes with a video, a CD-Rom with power point slides and copy capable handout materials. **The video must be kept with the training package and booked as a unit.**

#214 THE POWER OF ATTITUDE 18 Minutes Producer: Marlin Westwood

Positive attitude.....a worn out anthem? Or is there really power behind a positive attitude? *The Power of Attitude* shows that there is, and most of what makes us positive is attributed to our own self-image. This video discusses five steps for developing and projecting a positive attitude in the workplace and beyond. You'll see how you can determine the different attitude types of co-workers, how to deal with them, and how to keep the hard work of maintaining your own positive attitude in perspective. This video program includes a book entitled *Positive Attitudes at Work* (It can be booked out with the video).

215 THE DANGERS OF COMPRESSED AIR 10 Minutes Producer: Safetycare Inc.

Compressed air is not "just air". It is air travelling in an intense stream at a high velocity. Exposure to it can cause severe injury or even in extreme cases, a fatality. The aim of this video program is to increase people's awareness of the dangers of compressed air and the importance of using compressed air tools and equipment properly to avoid incidents and injuries. The program looks at the following questions:

1. What is compressed air?
2. Why is it dangerous?
3. What are the potential hazards and injuries associated with compressed air?
4. How can it be controlled?
5. What are the dos and don'ts when using compressed air?

This program comes with a leader's guide (be sure and ask for it if you book this video) and comprehension exercises.

216 SAFETY ESSENTIALS 15 Minutes Producer: Safetycare Inc.

Accidents can have far-reaching and serious consequences for individuals and organizations. They can cause distress and suffering as well as financial hardship. For organizations, costs can range from business disruption, absenteeism, lost productivity, retraining right up to the effect on employee morale. This video is basically a safety orientation program that will raise awareness on workplace hazards and the understanding of what is expected of any employee when they go to work. Correct manual handling techniques and knowing what to do in an emergency are also covered in this program. This video package comes with a leader's guide that you can request when you reserve the video.

217 PREVENTION OF EYE INJURIES 18 Minutes Producer: Safetycare Inc.

This video program attempts to raise the level of awareness about eye safety in workplaces where eye injury hazards are common. Several areas discussed are:

- The basic structure of the eye and how vulnerable it is to injury
- Different eye hazard types such as physical blows, foreign bodies, hazardous substances
- Various control methods to reduce eye hazard injuries
- PPE and its role in eye protection
- First aid for eye injuries

This video has a leader's guide with a questionnaire available on request.

218 ASBESTOS AWARENESS 14 Minutes Producer: Marlin Motion Pictures Ltd.

Asbestos has been commonly used in many commercial products such as ceiling tiles, flooring, wall and pipe insulation and other building materials. Because asbestos is still commonly found in older structures, the Occupational Exposure to Asbestos regulation applies to any worker who may be exposed to this material, including custodial, janitorial or maintenance services. This video program educates employees about the dangers of working with materials that may contain asbestos and includes:

- The hazards of asbestos
- The composition and nature of asbestos
- The types of materials that may contain asbestos
- Protective measures when disturbing asbestos containing products
- Special considerations such as monitoring and decontamination

This video package comes with a program outline and quiz (available on request).

219 LADDER SAFETY 12 Minutes Producer: Marlin Motion Pictures Ltd.

Ladders are one of the most widely used pieces of equipment in almost any work environment. From common step-ladders to sophisticated extension ladders, they can be found everywhere. As a result, ladder related incidents occur frequently in many facilities. This video includes information on ladder selection, inspection, maintenance, proper set-up and safe use. This video package comes with a program outline and quiz (available on request).

220 SAFETY AUDITS 15 Minutes Producer: Marlin Motion Pictures Ltd.

An audit is an examination of the work area to ensure it is as safe as possible and all potential hazards are corrected or removed. This video package reminds employees about the goals of a safety audit and how all workers should become involved. Areas covered in the video are:

- Definition of a safety audit
- Workplace analysis
- Administrative and engineering controls
- PPE
- Equipment maintenance program
- Emergency response
- Compliance training
- Accident investigation
- A safety self-assessment

This video package comes with a program outline and quiz (available on request).

#221 WAKE UP CALL 14 Minutes Producer: Aurora Pictures

This video program addresses the topic of close calls and the need to pay attention when we see or experience a minor incident that could have resulted in a major loss. Several scenarios are played out that illustrate the importance of paying attention to situations that put up "red flags" for us to change our behaviour or correct an unsafe condition before it results in loss to people, equipment, property or the environment.

222 BEHAVIOURAL SAFETY 15 Minutes Producer: Safetycare

This Behaviour Based Safety video can be used as a stand alone review of BBS principles or can be used in conjunction with a complete training course, facilitated by a leader who has training in Behaviour Based Safety. The course can serve several needs. Firstly, the course can be used to introduce BBS to your employees. There are several handouts that can be provided to participants to practice skills related to BBS. Secondly the package can be used to simply address unsafe acts by covering the first module only. Third, the course can be used for general safety awareness. Allow four hours to present the full course, but separate modules can be used for refresher purposes.

Note: If you decide to use the video with the training materials, it is critical that you review THE ENTIRE TRAINING COURSE for competent delivery and presentation of the training material.

223 MATERIALS HANDLING SAFETY (DVD) 15 Minutes Producer: Marlin Motion Pictures Ltd.

This DVD package discusses the many aspects of material handling including the different types of materials, their related hazards, the need to "test" before the lift, carrying techniques, "team lifts" and different types of lifting aids. This DVD package comes with a leader's guide and a short quiz that can also be downloaded at [www.marlineducation.com/guides.htm].

#224 SAFETY ORIENTATION (DVD) 13 Minutes Producer: Marlin Motion Pictures Ltd.

This DVD package discusses the different aspects of starting a new job with the "safety first" attitude. Factors that could affect a new worker are also discussed such as anger, frustration, and being on medication. Accident prevention, the use of personal protective equipment, using power tools, chemical safety and emergency preparedness are also discussed. This DVD package comes with a leader's guide and a short quiz that can also be downloaded at [www.marlineducation.com/guides.htm].

#224 SUPPORTED SCAFFOLDING SAFETY 20 Minutes Producer: Marlin Motion Pictures Ltd.

This DVD package discusses the various aspects of supported scaffolding, the requirements and safety rules governing the proper erection and maintenance of supported scaffolding. This DVD package comes with a leader's guide and a short quiz that can also be downloaded at [www.marlineducation.com/guides.htm].

#226 SUSPENDED SCAFFOLDING SAFETY 20 Minutes Producer: Marlin Motion Pictures Ltd.

This DVD package discusses the various aspects of suspended scaffolding, the requirements and safety rules governing the proper erection and maintenance of suspended scaffolding. This DVD package comes with a leader's guide and a short quiz that can also be downloaded at [www.marlineducation.com/guides.htm].

#227 Understanding Chemical Hazards 21 Minutes Producer: Marlin Motion Pictures Ltd.

This DVD package discusses the various aspects of Chemical Hazards

#228 SLIPS, TRIPS AND FALLS 11 MINUTES PRODUCER: MARLIN MOTION PICTURES LTD

This is a DVD

#229 HEAT STRESS 12 Minutes Producer: Marlin Motion Pictures Ltd.

This is a DVD

**#230 DEALING WITH DRUGS AND ALCOHOL ABUSE...FOR MANAGERS AND SUPERVISORS 19 MINUTES
Producer: Merlin Motion Pictures Ltd.**

This is a DVD

#231 WORKPLACE VIOLENCE 14 MINUTES Producer: Marlin Motion Pictures Ltd.

This is a DVD

#232 USING FIRE EXTINGUISHERS 18 Minutes Producer: Marlin Motion Pictures Ltd.

This is a DVD