



## SIX MONTH SAFETY REFRESHER INFORMATION

All contractors are required to complete the six month safety refresher as part of their three year BSO Plus. If you have the old Basic Safety, you are also required to take the six month safety refresher. Each contractor is responsible for administering the refresher of your employees, retaining the refreshers, and submitting the records into the database.

Please review the process and obtain the files needed to complete your six month safety refresher. Member clients will be spot auditing to make sure you are compliant with the six month safety refresher.

Safety Refreshers will be available on the IEC website. We will have safety refreshers in March and September.

If you have any questions, please contact the IEC at 519-383-1222 or email [info@sarniasafety.com](mailto:info@sarniasafety.com)

### INSTRUCTIONS FOR COMPLETING THE SAFETY REFRESHER:

1. To preserve the environment, please print off one copy of the refresher and one copy of the refresher answers
2. Give everyone a blank sheet of paper and tell them to number the left hand side of the paper 1-30; beside the number they should print their response (i.e. a, b, c, d, etc.)
3. Read out the refresher question and possible responses; some refresher questions are multiple choice: A, B, C, D, E – while others are true or false: A = True and B = False
4. Workers are encouraged to work together to discuss the refresher questions
5. Take up the answers, providing rationale for the correct response(s) – workers should self-correct answers to 100%
6. Note on the attendance sheet that worker refreshers have been remediated to 100%



## BSO PLUS SIX MONTH SAFETY REFRESHER QUESTIONS SEPTEMBER 2011

1. Benzene vapour is lighter than air.  
(a) True      (b) False
2. Who is responsible for protecting you from workplace hazards?  
(a) Employer  
(b) Supervisor  
(c) You the worker  
(d) All the above
3. H<sub>2</sub>S is a colourless gas?  
(a) True      (b) False
4. Nitrogen makes up most of our breathable air by volume.  
(a) True      (b) False
5. Friable asbestos refers to asbestos:  
(a) Which can be crumbled into dust by hand pressure  
(b) Which cannot be crumbled into dust by hand pressure
6. What item will not be listed on your Safe Work Permit:  
(a) Correct date and time  
(b) Type of permit  
(c) All your PPE (i.e. work boots, hard hat)  
(d) Hazards involved
7. What percent of slips/trips/fall happen from the same/ground level?  
(a) 50%  
(b) 25%  
(c) 65%  
(d) 75%
8. Mercury is highly flammable.  
(a) True      (b) False
9. On average 50% of fatalities in Ontario Construction are caused by falls  
(a) True      (b) False
10. What is the highest rung on which you are permitted to stand on a step ladder?  
(a) The first rung below the top plate  
(b) The second rung below the top plate  
(c) The third rung below the top plate



11. What hazards do bicycles pose when ridden on sites?
  - (a) Hard to see
  - (b) Riders do not follow the rules of the road
  - (c) Bicycles are not well-maintained
  - (d) All the above
  
12. Which of the following may be an example(s) of a confined space:
  - (a) Railcar
  - (b) Control room
  - (c) Hopper
  - (d) All the above
  - (e) (a) and (c)
  
13. A signed safe work permit is a legal document.
  - (a) True
  - (b) False
  
14. An area flagged with red tape:
  - (a) Can be entered if you are aware of the hazard by looking around
  - (b) Cannot be entered
  - (c) Can be entered only with proper authorization
  - (d) Can be entered with permission of any worker inside the taped off area
  
15. WHMIS stands for:
  - (a) Workplace Hazardous Material Information Systems
  - (b) Workplace Hazardous Material Identification Systems
  - (c) Workplace Hazardous Material Information Statistics
  
16. Silica is found in concrete and masonry products.
  - (a) True
  - (b) False
  
17. Radiation source areas do not require identification.
  - (a) True
  - (b) False
  
18. A site's entry level PPE requirements will be communicated at the:
  - (a) IEC Basic Safety orientation
  - (b) Site specific orientation
  - (c) Monthly safety meeting
  
19. A hazardous condition is/are:
  - (a) Poor housekeeping
  - (b) A minor fire
  - (c) Working with sharp objects
  - (d) (a) and (c)
  
20. You can tell what is ACM (Asbestos-Containing Material) and what is not, just by looking at it.
  - (a) True
  - (b) False



21. Hydrogen sulfide has an odour like:
  - (a) Old hockey equipment
  - (b) Coffee
  - (c) Rotten eggs
  
22. How can you prevent your ladder from sliding or falling?
  - (a) Secure the top and/or the bottom
  - (b) Chock the base
  - (c) Get someone to hold the base
  - (d) All the above
  
23. A hose on a walkway is a housekeeping issue. What can you use to eliminate the hazard?
  - (a) Nothing, walk over it and say "watch out for that"
  - (b) Kick it to the side
  - (c) Lift it off the ground using an S hook
  
24. A list of a product's hazardous ingredients can be found on an MSDS.
  - (a) True
  - (b) False
  
25. PPE is the primary method to control silica dust.
  - (a) True
  - (b) False
  
26. All sites have the same speed limits.
  - (a) True
  - (b) False
  
27. Asbestos and RCF (Refractory Ceramic Fibers) are man-made materials.
  - (a) True
  - (b) False
  
28. Inspect your PPE before using to ensure it is:
  - (a) Not damaged
  - (b) Correct for the job
  - (c) The correct size
  - (d) All the above
  
29. BSO Plus training is valid for:
  - (a) One year
  - (b) Two years
  - (c) Three years
  - (d) Life
  
30. Only trained and qualified workers will erect, alter, and dismantle scaffold.
  - (a) True
  - (b) False

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Rev. Date	Rev. No.	Reason for Rev.	Rev. Description	Person Revising	Rev. Approval
24/08/11	0	Refresher required	Developed Refresher	Armanda Brodie	Rob Taylor



**BSOP Six Month Safety Refresher Sept 2011:**  
**CON-TRN2.008**  
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Original Approved by: Rob Taylor

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Following Revision, forward 'Revised Document Awareness Notification' c/o Doc. Mgmt & relevant persons.