

"Prevention is
our Intention"

Issued February 2005

Safety Partnership Group

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FEBRUARY FORUM

Fatalities from Falls

2004 Total Recordable
Injury Statistics

Sleep Better,
Perform Better

Dates to Remember

Website of the Month

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To submit items
of interest
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Safety Partnership



Zero incidents by choice through
Partnerships for Safety...

RICHARD HAWK
KEYNOTE SPEAKER
**SAFETY
PARTNERSHIP
5TH ANNUAL FORUM**

RESERVE NOW

Call 383-1222 or e-mail:
bbs@sarniasafety.com

TUES FEB 15th 2005



Active Listening

A Key to Becoming a Powerful Safety Leader

Richard blends songs, true-life stories, audience participation, props and prizes to deliver a learning party full of immediately useful tips, techniques and ideas. During his sessions you'll learn . . .

- why listening is the most potent relationship tool you can develop.
- ways to discipline yourself to be a more active listener.
- about some of history's greatest leaders and how they used listening to persuade others.
- how to create deeper trust with your co-workers and other people in your life.
- 11 keys to excelling as a listener.
- how to be a more powerful safety leader and inspire people to follow a cause - your safety program.

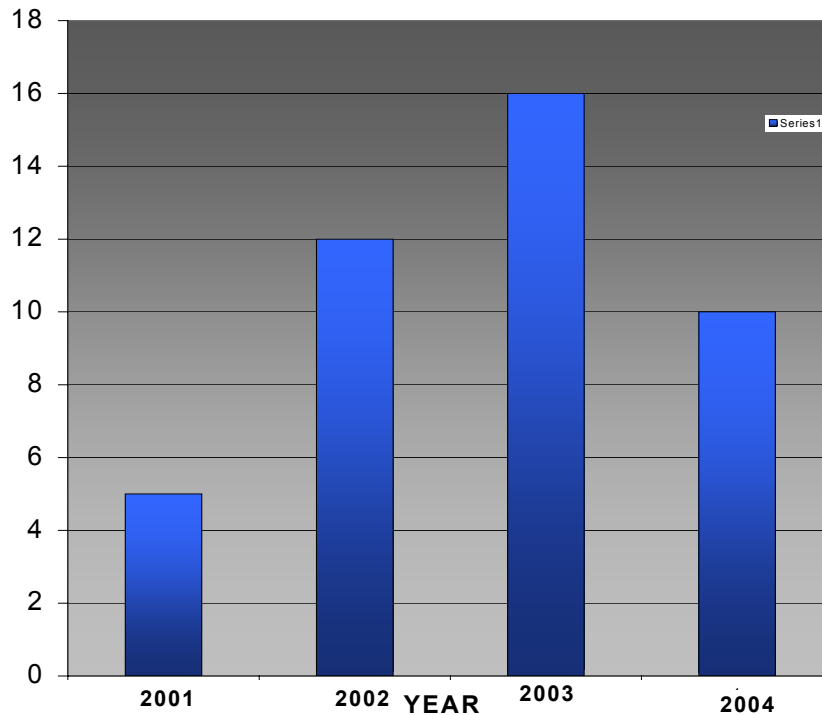
Besides learning many valuable ways to improve your leadership skills, you'll also have a good time.

Richard's sessions are always fun.

Steering Committee News

At the January Annual Planning Session meeting, it was suggested that a working group should look at revitalizing our Near Miss Reporting Program.

If you are interested in helping to design a new Near Miss Reporting program, please let us know. We hope to start this process ASAP. Contact: bbs@sarniasafety.com



Deaths from Falls in Ontario Construction

The Ontario construction industry is showing a positive trend in the reduction of the number of deaths from falls in 2004. This year reverses the disturbing trend of larger increases each year from falls.

2001 5 deaths from falls
 2002 12 deaths from falls
 2003 16 deaths from falls
 2004 10 deaths from falls

The average age of the worker who fell to his deaths was 46. The average of all other construction fatalities was 36. Is a 46-year-old construction worker, with 25 years of experience, too complacent?

The Soothing Smell of Jasmine May Help People Get a More Peaceful Night's Sleep, and Improve Daytime Performance!

Dr Bryan Raudenbush of Wheeling Jesuit University in West Virginia, US, did an aromatherapy study that concluded:

- People who slept in rooms smelling of jasmine seemed to sleep more peacefully and report being more alert in the afternoon than people who slept in a lavender-scented room, or one with no added smell.
- People sleeping in the jasmine-scented room slept peacefully, without tossing and turning.
- Although people slept the same amount each night, jasmine-smellers reported feeling less anxiety when they woke up.
- Researchers found that after sleeping in a jasmine-infused room, people could complete the test more quickly and accurately than they did after other nights.
- Jasmine may help improve mood and induce physical changes in the body.
- Washing with jasmine-scented soap before bed or placing jasmine potpourri around the house could benefit sleep and daytime performance.

Total Recordable Injury Rate for 2004 50% REDUCTION IN INJURIES

Year	2003	2004
Overall Rate	2.9	1.3
# of Recordable Injuries	51	25

**CONGRATULATIONS to ALL INVOLVED
in this ACCOMPLISHMENT!**

DATES TO REMEMBER

NATIONAL HEART MONTH
www.heartandstroke.ca

February 15th: Safety Partnership Forum

February 24th: IEC Executive meeting

February 24th Safety Partnership Exec meeting

WEBSITE of the MONTH

"I PROMISE PROGRAM"
 for Parents of Young Drivers
www.ipromiseprogram.com