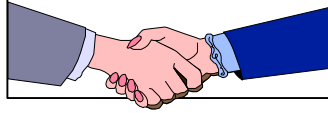


# Safety Partnership



Zero incidents by choice through Partnerships for Safety...

Issued April 2002

By the  
Safety Partnership Group

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## PARTNERSHIP UPDATE

Currently several projects are underway in Sarnia-Lambton.

### 1) T.A.S.C.

We have a pilot program using a new pre-job analysis card. It is called T.A.S.C. This stands for Task Analysis Safety Card. Feedback from workers using this system is being collected. Pilot projects are planned for two shutdowns this month. Many companies have expressed an interest in using T.A.S.C. and full-scale implementation across the valley is being planned for the near future.

### 2) NEAR MISS REPORTING

is being looked at in hopes of standardizing one system for use across all of the Chemical Valley Companies. A pilot project is scheduled for the Basell Canada turn-around this month.

### 3) ROOT CAUSE ANALYSIS

Facilitator training was completed this past February in Root Cause Analysis. The benefit will be the standardization of root cause investigation of incidents. It will make the comparison and study of incidents more effective when there is a group of trained facilitators available to assist in the investigation of the incident. This class had thirty enthusiastic members from local contractors, labour and industry in attendance. The Safety Partnership has agreed to use root cause analysis on every recordable incident after March 1<sup>st</sup> 2002. The sharing of Root Causes will make for a safer environment for all employees.

### 4) FIRE-RESISTANT

**CLOTHING** A large amount of time and effort has been placed in

this area. The main goal has been to keep clothing on site. More information will be forthcoming.

### 5) BBS CERTIFIED

Our list of BBS Certified companies is growing, and our re-certification review of currently trained companies is ongoing. If you need assistance in becoming certified, call Peter at 337-1716.

### 6) HEALTH & SAFETY PROFILE

Bill Sisler, a member of our staff, is working with many local contractors to complete this self-assessment profile. He is available at 337-7025 if you need assistance.

## **Study shows using a cellphone while driving is more dangerous than drinking and driving.**

A Direct Line Insurance Company of England report has found that drivers' reaction times were 30 per cent slower when talking on a hand-held cell phone compared to when they had been drinking alcohol. They were also less able to maintain a constant speed and found it harder to keep a safe distance from the car in front.

Using a hands-free phone while driving still resulted in times that were slower than the reaction times of a legally impaired driver. Some states have banned the use of mobile phones. England has a bill due for second reading this month that would make it an offence for motorists to use hand-held phones while driving.

How important is that call?

## SLEEPLESS IN SARNIA

Shift workers don't get enough sleep. Night workers get less sleep than daytime workers do, and their sleep is less restful. Chronic lack of sleep harms a person's health, job safety, task performance, memory and mood.

The risk of workplace and automobile accidents rises for tired shift workers, especially on the drive to and from work. The chance of meeting a drunk driver increases when driving home at midnight.

Successful sleeping is achieved by setting the stage for sleep even though it might be broad daylight outside. Prepare your mind and body for sleep. Wear wraparound dark glasses on your way home in the morning to keep bright morning sunlight from activating your internal "daytime" clock. Go to sleep as soon as possible after work.

Lowering the room temperature improves sleep. Darken the bedroom and use light and sound blocking curtains or shades. Use a fan to block or hide other noises.

Avoid caffeine less than five hours before bedtime. Don't leave the most boring or tedious tasks to the end of the shift when you are apt to feel the drowsiest. Night shift workers hit their lowest period around four in the morning.

If you have tried some of these tips and you still can't get enough sleep, it may be time to see a doctor. When you are not getting enough sleep, you are at risk, and so are those around you.

Your doctor can evaluate your sleep problem and determine whether you may have a sleep disorder.



## FORKLIFT TRAINING

Visit our website to see class schedules. You may register on-line anytime day or night. We will confirm your registration by fax as soon as we receive your training request. You may also call Jean at 337-5935 during business hours. This has been a popular course and we urge you to plan ahead.

New classes in all subject areas are being updated daily. Visit us at: [www.sarniasafety.com](http://www.sarniasafety.com)

## MOTORCYCLES

Motorcycles and nice weather go together! Take extra care when pulling into traffic and watch for the growing number of motorcycles sharing the roads in and around Sarnia.

## N.A.O.S.H. WEEK

May 5<sup>th</sup> to the 11<sup>th</sup> 2002

The public is invited to participate in the North American Occupational Safety and Health Week. Their goal is to prevent injury and illness in the workplace and at home. Contact your local HRDC office for more Information about activities in your region.

Canada Safety Council  
Proclaims NATIONAL  
SUMMER SAFETY WEEK from  
May 1<sup>st</sup> to the 7<sup>th</sup>

## What's stopping you?

New regulations for fall arrest protection take effect June 12<sup>th</sup> 2002. There are many agencies offering classes in Fall Protection training. Call the Industrial Educational Co-op. at 337-5935 or call Dave Lambert at the C.S.A.O. at 869-4951. Classes are listed on our website at:

[www.sarniasafety.com](http://www.sarniasafety.com).

Sign up now. Avoid the June rush!



## Young Worker Safety

This is the month that young workers begin their summer employment at hundreds of local companies. We have a responsibility as experienced co-workers to help them have a safe summer work experience. Young workers are often afraid to ask questions regarding safety on the job. They worry that they could easily be replaced. Tuition and post-secondary education costs are high enough that students may feel pressure to stay in jobs that are dangerous. Please help them to go home safe.

## Submissions

We welcome your news and views in Health and Safety. Phone Peter at 337-1716 or e-mail at: [bbs@sarniasafety.com](mailto:bbs@sarniasafety.com)

